

Both!

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karianne Heimvik (NOR) - July 2019
音樂: Both - Ingrid Andress



Waltz, one Tag

(1-6) step ¼ turn to left w/sweep, side rock step

1,2,3 step fwd on LF, sweep RF fwd and across RF as you make ¼ turn to the left on count 2,3
(facing 9 o'clock)
4,5,6 cross RF over LF, rock LF to left, recover weight RF

(7-12) cross, left ¼ turn, left ½ turn, step, rock w/right ¼ turn

1,2,3 cross LF over RF, make ¼ to the left by stepping back on RF, make ½ turn to the left by
stepping LF fwd (ending to turn facing 12 o'clock)
4,5,6 step RF fwd, rock fwd on LF and make ¼ turn to the right, recover weight onto RF (facing 3
o'clock)

(13-18) weave, ½ turn to right w/sweep

1,2,3 cross LF over RF, step RF to right, step LF behind RF
4,5,6 make ¼ turn to the right stepping onto RF as you start sweeping LF fwd, make ¼ to the right
as you continue to sweep LF across RF (keep weight on RF) (you end up facing 9 o'clock)

(19-24) twinkle back, twinkle back

1,2,3 step down onto LF (across RF), step RF back on right diagonal, step LF back on left diagonal
(as you do the diagonals keep in mind that you are still on the 9 o'clock wall)
4,5,6 cross RF over LF, step LF back on left diagonal, step RF to right back on right diagonal
(as you do the diagonals keep in mind that you are still on the 9 o'clock wall)

(25-30) cross, left ¼ turn, left ¼ turn, rock step, back

1,2,3 cross LF over RF, make ¼ turn to the left stepping back onto RF, make ¼ turn to the left
stepping LF to the left (facing 3 o'clock)
4,5,6 rock RF fwd on left diagonal, recover weight onto LF, step back on RF

(31-36) long step back, coaster step (on -diagonal)

1,2,3 take a long step back on LF (still on left diagonal) and drag RF back on count 2,3
4,5,6 step back on RF, step LF next to RF, step RF fwd

(37-42) step ¼ turn to left, twinkle (on diagonal)

1,2,3 step LF fwd and make a slow 1/4 turn to the left recovering weight onto RF on count 3
4,5,6 cross LF over RF, step RF to right, step LF in place

(43-48) cross, right ¼ turn, right ½ turn, side rock step (first 3 counts on diagonal)

1,2,3 cross RF over LF, make ¼ turn to the right stepping back on LF, make ½ turn to the right
stepping fwd onto RF (still on diagonal)
4,5,6 rock LF to the left (squaring up to 3 o'clock wall), hold, recover weight onto RF

Tag: after wall 2 there is a little tag before you start on wall 3

1,2,3 step LF fwd, sweep RF back to the front (2,3)
4,5,6 step RF fwd, sweep LF back to the front (2,3)

Start again! ENJOY!

