

New Foolish Heart 32/64

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Marie Pietersz (AUS) - June 2019
音樂: Foolish Heart - The Mavericks



Start after 2 counts on the word Heart - No Tag or Restarts

S1: Forward point side, back point side, forward point side, back point side (12.00)

1-2 Step forward with R, point L to side
3-4 Step back with L, point R to side
5-8 Repeat steps 1-4

S2: Forward kick front, step back and behind, forward kick front, turn ¼ R

9-10 Step forward with R, kick L forward
11-12 Step back with L, touch R behind
13-14 Step forward with R, kick L forward
15-16 Step back with L, turn ¼ R and step L, then R next to L (3.00)

S3: Vine to the L, vine to the R

17-20 Step L to L, step R behind L, step L to L, touch R next to L
21-24 Step R to R, step L behind R, step R to R, step L next to R

S4: Hips rocks, 1 forward and back with holds, 2 forwards and backs no holds

25-28 Rock hips R forward (1.30) and hold, rock hips back (7.30) and hold
29-32 Rock hips forward (1.30), back (7.30), forward (1.30), back (7.30)

FOR 32 COUNT DANCE, START AGAIN AND REPEAT

FOR 64 COUNT DANCE, CONTINUE WITH FOLLOWING STEPS

S5: Paddle turn ¼ L, paddle turn ¼ L, R Jazz Box (9.00)

33-36 Step R forward, turn ¼ L, recover on L, step forward R, turn ¼ L, recover on L
37-40 Cross-step R over L, step back on L, step R to R side, step L next to R

S6: Monterey turn

41-44 Step R to R, step R next to L, turn ½ R and step L to L, step L next to R
45-48 Step R to R, step R next to L, turn ½ R and step L to L, step L next to R (9.00)

S7: Touch out, in, out, in, two slides to the R, touch L next to R

49-52 Step R to R side, touch R next to L, step R to R side, touch R next to L
53-56 Step R to R, touch L next to R, step R to R, touch L next to R (side slides)

(option)

53-56 Step R to R side, step L behind R, step R to R side, touch L next to R (vine)

S8: Touch out, in, out, in, two slides to the L ¼ turn L, touch R next to L (6.00)

57-60 Step L to L side, touch L next to R, step L to L side, touch L next to R
61-64 Step L to L, touch R next to L, step L to L, turn ¼ L and touch R next to L. (side slides)

(option)

61-64 Step L to L side, step R behind L, step L to L side, turn ¼ L and touch R next to L (vine)

REPEAT AND ENJOY THIS SMOOTH DANCE – YOU WILL FINISH AT COUNT 32 (9.00)

To finish in front for 32 & 64 step routine

Dance to count 30, then turn ¼ R and finish with counts 31&32 (12.00), step R and touch L next to R.

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