Compass Rose

拍數: 32

級數: Improver

編舞者: Gaye Teather (UK) - June 2019

音樂: Compass Rose - Wade Bowen : (CD: Solid Ground - iTunes, Amazon etc)

In association with the partner dance of the same name choreographed by David Dabbs

#16 count intro

Toe switches forward and back & Side & Side & Cross rock. Side. Cross Rock. Side

- 1&2& Touch Right toe forward. Step Right beside Left. Touch Left toe back. Step Left beside Right
 3&4& Touch Right toe to Right side. Step Right beside Left. Touch Left toe to Left side. Step Left beside Right
- 5-6& Cross rock Right over Left. Recover onto Left. Step Right to Right side
- 7-8& Cross rock Left over Right. Recover onto Right. Step Left to Left side
- Cross. Side. Sailor quarter turn Right. Left lock step forward. Step. Pivot half turn Left
- 1 2 Cross Right over Left. Step Left to Left side
- 3&4 Quarter turn Right stepping Right behind Left. Step Left to Left side. Step forward on Right (3 o'clock)
- 5&6 Step forward on Left. Lock Right behind Left. Step forward on Left
- 7 8 Step forward on Right. Pivot half turn Left (9 o'clock)

Right cross Samba. Left Cross shuffle. Side Right. Quarter turn Left. Kick-ball-step

- 1&2 Cross Right over Left. Rock out Left to Left side. Recover onto Right
- 3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
- 5-6 Step Right to Right side. Pivot quarter turn Left (6 o'clock)
- 7&8 Kick Right foot forward. Step Right beside Left. Step forward on Left

*Restart from beginning at this point during walls 3 and 5 – facing 6 o'clock both times

Right forward rock & Left forward rock & Right forward rock. Long step back. Touch

- 1 2& Rock forward on Right. Recover onto Left. Step Right beside Left
- 3 4& Rock forward on Left. Recover onto Right. Step Left beside Right
- 5 6& Rock forward on Right. Recover onto Left. Step Right beside Left

Counts 1 - 6& travel slightly forward

7 – 8 Long step back on Left. Drag and touch Right beside Left

Start again





牆數:2