

Dream It Possible

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Rhoda Lai (CAN) - June 2019
音樂: Dream it Possible (我的梦) - Jane Zhang (張靚穎)



<https://music.apple.com/us/album/dream-it-possible/1385584411?i=1385584756>

Intro: 8 counts

Notes: 4-count Tag at the end of Walls 1&3

TAG: 6-count Tag after 16 Counts during Wall 5

S1: R Press-Recover-Sweep, 1½ R, Forward L R, Touch L, Back L R, Touch L, ½ L, ¼ L R Side Rock-Recover-Sweep

- &1 Press R forward, Recover onto L sweeping R
- 2&3 ½ R stepping forward R, ½ R stepping back L, ½ R stepping forward R (while raising R arm forward & lifting L foot straight and behind) (6:00)
- 4&5 Step forward L, step forward R, lock L behind R with weight remain on R (while raising L arm up)
- 6&7 Step back L, step back R, touch L back (L arm at shoulder level pushing forward L hand as to "Stop")
- 8&1 Pivot ½ L stepping L in place, ¼ L rocking R to R side, recover onto L while sweeping R forward (9:00)

S2: R Cross-Back-Back, L Back-Back-Elbow, Sway L R L, R Forward ½ R ½ R

- 2&3 Cross R over L, step L back, step R back kicking L foot forward (while swinging R arm back in a circular motion)
- 4& Step back L, step back R
- 5 Hold (With L hand straight at shoulder level, pull R elbow back as in the ready position in Archery)
- 6&7 Sway and rock forward and back on L R L
- 8&1 Step forward R, ½ R stepping back L, ½ R stepping forward R while sweeping L from back to front

S3: L Jazz Box, R Jazz Box ¼ R, L Cross, R Side Rock, Weave ¼ L

- 2&3 Cross L over R, step back R, step L to L diagonal back
- 4&5 Cross R over L, ¼ R stepping back L, step R to R side (12:00)
- 6&7 Cross L over R, rock R to R side, recover onto L
- &8&1 Cross R over L, step L to L side, step R behind L, ¼ L stepping forward L(9:00)

S4: Chase ½ L, Chase ¾ R, R Forward Mambo, ½ L

- 2&3 Step forward R, ½ L stepping L beside R, step forward R (3:00)
- 4&5 Step forward L, ¾ R stepping R beside L, step forward L (7:30)
- 6&7 Rock R forward, recover onto L, step back R
- 8 ½ L stepping L to L side (square back to back wall) (6:00)

Tag at the end of Walls 1 (6:00) & 3 (3:00)

- 1 Cross R over L while bending down as if the body is about to collapse
- 2 3 4 Rock L to L side while straightening up, rock R to R side, ¼ L stepping L forward while lifting R foot behind

Tag during Wall 5 (3:00)

Dance up to count 8 in Section 2 of Wall 5,

- & Step forward L

1 2 3 4 Repeat Counts 1, 2, 3, 4 of the above Tag
5 6 Cross R over L, unwind a full L turn with ending weight on L
and Restart the dance at 12:00.

Ending: During Wall 7, dance up to count 7 of Section 1, take a full turn to the L to face 12:00 on count 8.

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