

GO-GO STOMP – San Diego Style

COPPER KNOB
STEPSHEETS

拍數: 68 牆數: 1 級數: Beginner
編舞者: Gloria Nelson (USA) & Emmit Nelson (USA) - July 2019
音樂: Any Man of Mine - Shania Twain



RIGHT START

HEEL GRIND, STOMP, HOLD, HEEL GRIND, STOMP, HOLD

1-2-3-4 Heel grind, Stomp left foot next to right foot, Pause for one beat (clap)
5-6-7-8 Heel grind, Stomp right foot next to left foot, Pause for one beat (clap)

HEEL GRIND, STOMP, HOLD, HEEL GRIND, STOMP, HOLD

1-2-3-4 Heel grind, Stomp left foot next to right foot, Pause for one beat (clap)
5-6-7-8 Heel grind, Stomp right foot next to left foot, Pause for one beat (clap)

ROCKING CHAIR, PIVOT 1/2L, WALK/WALK (MODIFIED FROM PIVOT 1/4L, PIVOT 1/4L)

1-2-3-4 Rock forward on right foot, Rock back on left foot, Rock back on right foot, Rock forward on left foot.
5-6 Step forward on right foot, Pivot 1/2 turn to the left.
7-8 Step forward on right foot. Step forward on left

HEEL GRIND, STOMP, HOLD, HEEL GRIND, STOMP, HOLD

1-2-3-4 Heel grind, Stomp left foot next to right foot, Pause for one beat (clap)
5-6-7-8 Heel grind, Stomp right foot next to left foot, Pause for one beat (clap)

HEEL GRIND, STOMP, HOLD, HEEL GRIND, STOMP, HOLD

1-2-3-4 Heel grind, Stomp left foot next to right foot, Pause for one beat (clap)
5-6-7-8 Heel grind, Stomp right foot next to left foot, Pause for one beat (clap)

SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2 Step right to right, Touch left foot next to right foot.
3-4 Step left to left, Touch right foot next to left foot.
5-6 Step right to right, Step left foot next to right foot.
7-8 Step right to right, Touch left foot next to right foot.

SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2 Step left to left, Touch right foot next to left foot
3-4 Step right to right, Touch left foot next to right foot
5-6 Step left to left, step right next to left
7-8 Step left to left, Touch right next to left

1/4L, TOUCH, SIDE, TOUCH, 1/4L, TOUCH, SIDE, TOUCH

1-2 Step right 1/4L, Touch left foot next to right foot,
3-4 Step left to left, Touch right foot next to left foot
5-6 Step right 1/4L, Touch left foot next to right foot
7-8 Step left to left, Touch right foot next to left foot

HEEL STRUT, HEEL STRUT

1-2 Step forward on right heel, Snap right toe down
3-4 Step forward on left heel, Snap left toe down

REPEAT

