

Bounce Back

COPPER KNOB
BY STEPHANETS

拍數: 32 牆數: 2 級數: Intermediate
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音樂: Bounce Back - Little Mix



Intro: 32 Counts

***3 Restarts, at wall 2, 5 & 8 after 16 counts (facing 6:00 everytime)

[1 – 8] Heel Switch, Out Out, Jump, Rocking Chair, Step, Jump x2

1&2& R heel forward (1), Step RF next to LF (&), L heel forward (2), Step LF next to RF (&) 12:00
3&4 Step RF to R (3), Step LF to L (&), Jump both feet in the middle (4) 12:00
5&6& Step LF forward (5), Recover on RF (&), Step LF backward (6), Recover on RF (&) 12:00
7&8 Step LF forward (7), Jump on LF forward (&), Jump on LF forward (8) 12:00

[9 – 16] Cross, Step Back x2, Step Back Side Forward, Step LockStep, Step, Touch, Unwind 7/8 turn

1&2 Cross RF over LF (1), Make 1/8 turn R stepping LF backward (&), Step RF backward (2) 1:30
3&4 Step LF backward (3), Step RF to R (&), Step LF forward (4) 1:30
5&6& Step RF forward (5), Cross LF behind RF (&), Step RF forward (6), Step LF forward (&) 1:30
7-8 Touch RF behind LF (7), Unwind 7/8 turn R and put weight on RF (8) 12:00

[17 – 24] Step, Touch, Step, Weave, Cross & Sweep, Cross, Side Step, Touch, Unwind ¾ turn

1&2 Step LF to L (1), Touch RF next to LF (&), Step RF to R (2) 12:00
3&4 Cross LF behind RF (3), Step RF to R (&), Cross LF over RF (4) 12:00
&5-6 Step RF to R (&), Cross LF over RF and sweep RF from back to front (5), Cross RF over LF (6) 12:00
&7-8 Step LF to L (&), Touch RF behind LF (7), Unwind ¾ turn R and put weight on RF (8) 9:00

[25 – 32] Step Touch x2, Shuffle, Cross, Slide Back, Step Together, Bounce ¼ turn

1&2& Step LF to L (1), Touch RF next to LF (&), Step RF to R (2), Touch LF next to RF (&) 9:00
3&4 Step LF to L (3), Step RF next to LF (&), Step LF to L (4) 9:00
5-6 Cross RF over LF (5), Slide LF backward (6) 9:00
7&8 Step RF next to LF (7), Make ¼ turn L as you bounce both heels (&), Make ¼ turn L as you bounce both heels (8) 6:00

Have Fun !!!