

My Beautiful Country

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Wina Malinda (INA) - July 2019
音樂: Helwa Ya Baladi - Dalida



Intro: 40 Count - No Tag – No Restart

SEC 1: FORWARD MAMBO, BACK LOCK SHUFFLE, BACKWARD MAMBO

1&2 Rock R forward, Recover on L, Step R back
3&4 Step L back, Cross R over L, Step L back
5&6 Rock R back, Recover on L, Step R forward
7-8 Step L to side, Touch R beside L

SEC 2: SIDE TOGETHER SIDE, TOUCH, DROP HEEL, BUMP, DROP HEEL, BUMP

1-4 Step R to side, Step L next to R, Step R to side, Touch L in place
5-8 Drop L heel, Touch R toe in place&bump, Drop R heel, Touch L toe in place&bump

SEC 3: LEFT WEAVE, PIVOT ¼ TURN LEFT,

1-4 Step L to side, Cross R behind L, Step L to side, Touch R beside L
5-8 Step R forward, Pivot ¼ turn L, Step R forward, Lift L up

SEC 4: LEFT BACK COASTER STEP, PIVOT ¼ TURN LEFT

1&2 Step L back, Step R next to L, Step L forward
3-4 Step R forward, Pivot ¼ turn L
5-8 Cross Rover L, Touch L toe outside L, Make ¼ turn L cross L over R, Touch R toe outside R

Have Fun!

For more information about this please contact me at: ra.winamalinda5@gmail.com