

Don't Call Me Up

COPPER KNOB
BY SHEETS

拍數: 64
牆數: 2
編舞者: Isabelle Biasini (FR) - June 2019
音樂: Don't Call Me Up - Mabel

級數: Phrased High Improver - Novelty



Intro : 2 counts - Séquence : A, A, B, A, A, B, B, A

Part A : 32 counts

A1: ROLLING VINE R, TOUCH, ROLLING VINE L, TOUCH

1-2 1/4 turn to right RF forward (1), 1/2 turn to right LF backward (2) (9:00)
3-4 1/4 turn to right RF side right (3), LF Touch next to RF (4) (12:00)
5-6 1/4 turn to left LF forward (5), 1/2 turn to left RF backward (6) (3:00)
7-8 1/4 turn to left LF side step (7), RF Touch next to LF (8) (12:00)

A2: CROSS R, ¼ TURN STEP BACKWARD L, SIDE STEP AND SWAY, SWAY, SIDE STEP, CROSS, HOOK

1-2 RF Cross over LF (1), 1/4 turn to right LF backward (2) (3:00)
3-4 RF side step with sway to right (3), Recover on LF with sway to left (4) (3:00)
5-6 Recover on RF with sway to right (5), LF Cross over RF (6) (3:00)
7-8 RF side step (7), Riding left heel in front of right knee (8) (3:00)

A3: SIDE STEP, TOUCH, SLIDE FORWARD DIAGONAL R, ½ TURN STEP POINT

1-2 LF side step (1), RF Touch next to LF (2) (3:00)
3-4 RF Big step diagonal right (3), LF Touch next to RF (4) (3:00)
5-6 LF Point to left (5), 1/8 turn to right LF Point to left (6) (4:30)
7-8 2/8 turn to right LF Point to left (7), 1/8 turn to right LF Point to left (8) (9:00)

A4 : CROSS AND HEEL GRIND, ¼ TURN STEP BACKWARD R, OUT OUT WITH SWAY, IN IN

1-2 LF Cross heel in front of RF (1), 1/4 turn to right RF backward (2) (6:00)
3&4 LF backward (3), RF next to LF (&), LF forward (4) (6:00)
5-6 RF forward diagonal right (5), LF forward diagonal left (6) (style : hip rotation) (6:00)
7-8 RF in the center (7), LF next to RF (8) (6:00) (Style : on account 8 head down just before part B)

RESTART : Wall 1 (Face to 6:00) - (Dance only the first 30 accounts: out-out and restart)

Part B : 32 counts

B1 : OUT OUT, SHUFFLE DIAGONAL R BACKWARD, OUT OUT, SHUFFLE DIAGONAL L BACKWARD

1-2 RF step side and cross the right arm forward (1), LF step side and cross the left arm above the right arm (2)
3&4 RF backward diagonal right (3), LF next to RF (&), RF backward diagonal right (4)
On counts 3&4 pull your elbows backward (3), forward (&), backward(4)
5-6 1/8 turn to left LF step side and cross the left arm forward (5), RF step side and cross the right arm above the left arm (6) (12:00)
7&8 LF backward diagonal left (7), RF next to LF (&), LF backward diagonal left (8)

B2 : ½ PADDLE TURN, SIDE STEP WITH BODY ROLL, TOUCH, SIDE STEP WITH BODY ROLL, TOUCH

1&2&3&4& 1/8 turn to right RF step side (1), Recover (&), 1/8 turn to right RF step side (2), Recover (&), 1/8 turn to right (3), Recover (&), 1/8 turn to right RF step side (4), Recover (&) (5:30)
5-6 1/8 turn to right RF step side with body roll (5), LF Touch next to RF (6) (6:00)
7-8 LF step side with body roll (7), RF Touch next to LF (8) (6:00)

B3 & B4 : REPEAT the first 2 sections face to 6:00

FINAL: Replace account 8 : RF Cross over LF and 1/2 turn to left to finish at 12:00

And start again with smile
