

# Over and Over Again

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Andre Adhitama Rizal (INA) - July 2019  
音樂: Over and over Again (feat. Ariana Grande) - Nathan Sykes



## Intro to start dance on backing vocal

### Tag

1 - 2      R Hand to Up  
3 - 4      R Hand to Down  
5 - 6      L Hand to Up  
7 - 8      L Hand to down  
1 - 2      Both your hands to up  
3 - 4      Both your hands down  
5 - 6      Both your hands to up  
7 - 8      Both your hands down

## I. CROSS-RECOVER-SIDE-CROSS WITH PRESS-RECOVER-BACK-BACK LIFE UP-ARABESQUE-PIVOT X2

12&3      Cross R over L, Recover on L, Step R to side, Cross with press L over R (01:30)  
4&5&6      Recover on R, Step L back, Step R back with life up L, Step L fwd with life up R  
7&8&&      Step R fwd, Turn 1/2 Left Step L in place (07.30), Step R fwd, Turn 1/2 Left Step L in place (01:30)

## II. 1/4 TURN LEFT CROSS-RECOVER-SIDE-CROSS WITH PRESS-RECOVER-BACK-BACK LIFE UP-ARABESQUE-ROCKING CHAIR

12&3      1/4 turn left Cross R over L (10:30), Recover on L, Step R to side, Cross with press L over R (01:30)  
4&5&6      Recover on R, Step L back, Step R back with life up L, Step L fwd with life up R  
7&8&&      Rock fwd R, Recover on L, Back rock on R, Recover on L

### Tag On Wall 3

1 - 2      Step R fwd, Hold

### Started to Seq V

## III. TURN 1/8 LEFT STEP-STEP-SIDE-BACK ROCK-RECOVER-TURN 1/4 LEFT STEP-STEP-STEP-SIDE-BACK-RECOVER-TURN 1/4 LEFT STEP

1 2 &      Turn 1/8 Left Step R fwd (12:00), Step L fwd, Step R to side  
3&4      Back rock L, Recover on R, Turn 1/4 Left Step L fwd (09:00)  
5 6 &      Step R fwd, Step L fwd, Step R to side  
7 & 8      Back rock L, Recover on R, Turn 1/4 Left Step L fwd (06:00)

## IV. STEP-SIDE-BACK-RECOVER-TURN 1/4 LEFT STEP-WITH STYLING HAND UP TO DOWN

1 2 &      Step R fwd, Step L fwd, Step R to side  
3 & 4      Back rock L, Recover on R, Turn 1/4 Left Step L fwd (03:00)  
5 6 &      Turn 1/4 left Step R to side (12:00) With styling Hands from up to down, R Hand from up to down, L Hand from up to down  
7 8      With styling R Hand from down to up

## V. TURN 1/8 RIGHT-WALK X3-TURN 1/2 LEFT-PIROUETTE-WALK X3 TURN 1/4 RIGHT PIROUETTE-WALK X3 WITH LIFT UP BACK-TURN 1/2 RIGHT WALK X3 WITH LIFT UP BACK

1 & 2.      Turn 1/8 right Step L fwd (01:30), Step R fwd, Step L fwd with Turn 1/2 left R Pirouette (07:30)

- 3 & 4 Step R fwd, Step L fwd , Step R fwd with Turn 1/4 right L Pirouette (10:30)  
5 & 6 Step L fwd (10:30), Step R fwd , Step L fwd with R lift up back  
7 & 8 Turn 1/2 right Step R fwd (04:30), Step L fwd , Step R fwd with L lift up back

#### **VI. SYNCOPATED- PRISSY WALK**

- 1 & 2 Turn 1/8 left Cross L over R (03:00), Side rock to R (03:00), Recover on L  
& 3 & Cross R over L, Side rock to L, Recover on R  
4 & 5 Step L fwd, Turn 1/4 left Step L to side (12:00), Recover on L,  
& 6 & Cross R over L, Side rock to L, Recover on R  
7 8. Prissy walk L R

#### **VII. TURN 1/8 RIGHT-WALK X3-TURN 1/2 LEFT-PIROUETTE-WALK X3 TURN 1/4 RIGHT PIRouETTE-WALK X3 WITH LIFT UP BACK-TURN 1/2 RIGHT WALK X3 WITH LIFT UP BACK**

- 1 & 2. Turn 1/8 right Step L fwd (01:30), Step R fwd , Step L fwd with Turn 1/2 left R Pirouette (07:30)  
3 & 4 Step R fwd, Step L fwd , Step R fwd with Turn 1/4 right L Pirouette (10:30)  
5 & 6 Step L fwd (10:30), Step R fwd , Step L fwd with R lift up back  
7 & 8 Turn 1/2 right Step R fwd (04:30), Step L fwd , Step R fwd with L lift up back

#### **VIII. SYNCOPATED- PRISSY WALK**

- 1 & 2 Turn 1/8 left Cross L over R (03:00), Side rock to R (03:00), Recover on L  
& 3 & Cross R over L, Side rock to L, Recover on R  
4 & 5 Step L fwd, Turn 1/4 left Step L to side (12:00), Recover on L,  
& 6 & Cross R over L, Side rock to L, Recover on R  
7 8. Prissy walk L, Touch R fwd

**Back to Tag...**

**Enjoy the dance**

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