

拍數: 32                      牆數: 4                      級數: Novice  
編舞者: Angéline Fourmage (FR) & Aline Morel (FR) - June 2019  
音樂: SOS - GRAACE : (Album: Self-Sabotage)



Start : 16 count 1 Restart 1 Tag  
Sequence : A-A-A-A-19-A-A-TAG-A-A

**[1-8] : Jazz-Box, Walk, Walk, Anchor-Step**

1-2                      Cross RF over LF, LF Back  
3-4                      RF to R side, LF FW  
5-6                      RF FW, LF FW  
7&8                      Lock RF behind LF, Step Weight on to LF, Step Weight on to RF

**[9-16] : ½ L, ½ L, Coaster-Step, Twist ¼ R, Twist ¼ L, Sweep ¼ L**

1-2                      Make ½ L with LF FW (6:00), Make ½ L with RF Back (12:00)  
3&4                      Coaster-Step (LF Back, RF next to LF, LF FW)  
5-6                      Twist ¼ R (3:00), Twist ¼ L with R Sweep (12:00) ¼ L from Back to front (9:00)  
7-8                      Cross RF over LF, Make ¼ R with LF Back (12:00)

**[17-24] : Make ¼ R, Point, Ball, Point, Rolling Vine, Drag, Touch**

1-2&                      Make ¼ R with RF to R side (3:00), Point LF to L side, LF next to RF  
3                          Point RF to R side \* Restart (Make Touch RF next to LF (3:00) )  
4                          Rolling Vine : Make ¼ R with RF FW (6:00)  
5-6                      Make ½ R with LF Back (12:00), Make ¼ R with RF to R side (3:00)  
7-8                      Drag LF to RF, Touch LF next to RF

**[25-32] : Step Turn ½ R, Triple-Step ½ R, Touch, Body-Roll, Drag**

1-2                      LF FW, Turn ½ R (9:00)  
3&4                      Triple step ½ R (Make ¼ R with LF to L side(12:00), RF next to LF, Make ¼ R with LF Back (3:00) )  
5-6&                      Touch RF Back, Body-Roll Back tacking weight on RF  
**(Option : Toe-Strut R Back), LF next to RF**  
7-8                      RF Back with L Drag, LF next to RF

**Tag (Wall 8) : 8 Count (9:00)**

**Jazz-Box R, Rock Cross FW R, Rock Side R**

1-2                      Cross RF over LF, LF Back  
3-4                      RF to R side LF, LF FW  
5-6                      Rock RF FW (R arm : go up), recover to LF( R arm: go down)  
7-8                      Rock-Side Right (RF to R side) (R arm: go to the R side) , Recover to LF(R arm: go down)

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward

Smile and enjoy the dance

Contact : [maellynedance@gmail.com](mailto:maellynedance@gmail.com) [aline.linedance@gmail.com](mailto:aline.linedance@gmail.com)