

AB Swing

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Russell Breslauer (USA) - July 2019
音樂: Any Swing Music



Walk/Walk Forward Mambo. Walk/Walk Back Mambo

1- 2 Step forward R L
3&4 Step forward R L next to right recover on R
5- 6 Step back L R
7&8 Step back L R next to left recover on L

Sway Right/Left. Behind=Side-Cross Sway Left/Right. Behind-Side-Cross

1- 2 Sway R L
3&4 Step R behind left L to side, R over left
5- 6 Sway L R
7&8 Step L behind right R to side, L over right

Sway Right/Left. Cross Shuffle, Sway Left/Right. Cross Shuffle

1- 2 Sway R L
3&4 Step R over left L in place, R over left
5- 6 Sway L R
7&8 Step L over right R in place, L over right

Touch,, Touch, Sailor Touch/Touch Sailor turn ¼ Left

1- 2 Touch R forward then side,
3&4 Step R behind left, recover on L, R next to left
5- 6 Touch L forward then side
7&8 Step L behind right R turn ¼ left, L next to right

Note: Can be 1-wall if there is no turn.

REPEAT

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