Party for Life

拍數: 32

級數: Beginner

編舞者: Sue Ann Ehmann (USA) - July 2019

音樂: Get the Party Started - P!nk

Music Available on iTunes and Amazon

Written especially for my dear friend Tracie DeLuca

Intro: 16 counts. Begin on lyrics - No Tags, No Restarts

[1-8] WALK TO RIGHT, TOUCH, WALK TO LEFT, TOUCH

- 1-2 Turn slightly right and step right to side, cross left over right
- 3-4 Step right to side, touch left toe beside right
- 5-6 Turn slightly left and step left to side, cross right over left
- 7-8 Step left to side and touch right toe beside left
- Note: Vines right and left may be substituted in this section.

[9-16] DIP, POINT, DIP POINT, JAZZ BOX 1/4 RIGHT

- Step right to side (as you dip), straighten and point left toe to side 1-2
- 3-4 Shift weight to left (as you dip), straighten and point right toe to side
- 5-8 Step right across left, step left back, turn 1/4 right step right to side, step left forward (3:00)

[17-24] DIAGONAL STEP TOUCHES (FORWARD AND BACK) - THE "K" STEP

- Step right to forward diagonal, touch left beside right (clap) 1-2
- 3-4 Step left to back diagonal, touch right beside left (clap)
- 5-6 Step right to back diagonal, touch left beside right (clap)
- 7-8 Step left to forward diagonal, touch right beside left (clap)

[25-32] STEP, PIVOT 1/4 LEFT, CLAP 2X, STEP, PIVOT 1/4 LEFT, CLAP 2X

- Step right forward, pivot 1/4 left (weight to left), clap, clap 1-4
- 5-8 Step right forward, pivot 1/4 left (weight to left), clap, clap

BEGIN AGAIN!

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牆數: 4