

# Mil Horas

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 4      級數: High Improver  
編舞者: Rebecca Lee (MY) - July 2019  
音樂: Mil Horas - Danny Romero



Intro: 32 counts  
Note: Have Fun!!

## [1 – 8] R TOE STRUT, L TOE STRUT, ¼ JAZZ BOX R, L TOE STRUT, R TOE STRUT, ¼ JAZZ BOX L

1&2&      R toe strut (1) , Step heel down (&) L toe strut (2), Step L heel down (&) 12:00  
3&4      Cross R over L (3) , Step L back (&), ¼ turn R Step R to R (4) 3:00  
5&6&      L toe strut (5), Step L heel down (&), R toe strut (6), Step R heel down (&) 3:00  
7&8      Cross L over R (7), Step R back (&), 3/8 turn L Step L to L (8) 10:30

## [9 – 16] R ROCKING CHAIR, R CROSS L SIDE ROCK, ¼ SYNCOPATED WEAVE L

1&2&      Rock R forward (1), Recover L (&), Rock R back (2) Recover L (&) 10:30  
3&4      Cross R over L square it back to 12'00 (3), Rock L to L side (&), Recover R (4) 1.:30  
5&6&      Cross L forward (5) 1/8 turn L stepping R to R side (&) Step L back 10:30  
7&8      Step R back (7) 1/8 turn L stepping L to L side (&) 1/8 turn L Step R forward (8) 7:30

## [17 – 24] L SIDE ROCK, L CROSS SHUFFLE, R MAMBO FORWARD, L MAMBO BACK,

1&2      Rock L to L side (1), Recover R (&), 6:00  
3&4      Cross L over R (2) Step R to R side (&) Cross L over R (3), Step R to R side (&), Cross L over R (4) 6:00  
5&6      Rock R forward (5), Recover L (&) Step R next to L (6) 6:00  
7&8      Rock L Back (7), Recover R (&), Step L next to R (8) 6:00

## [25 – 32] ½ TURN PADDLE L, STEP TOGETHER X2

1,2      1/8 Turn L touch R to R side (1), 1/8 turn L touch R to R side (2), 3:00  
3,4      1/8 Turn L touch R to R side (3), 1/8 turn L touch R to R side (4) 9:00  
5,6      Step R to R side (5) Step R next to L (6) 9:00  
7,8      Rock L to L side (7) Step L next to R (8) 9:00

( On counts 5-8 you can add the shimmy shoulders or body pump )

## TAG (At wall 6 after 16counts )

1      3/8 turn R Stomp L to L side 3:00  
2,3,4      Raise the L arm slowly 3:00

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