

Old Town

拍數: 0 牆數: 2 級數: Phrased Intermediate
編舞者: Michelle C. Nerantzis (IT) - June 2019
音樂: Mercy Train - Blues Saraceno



Sequence: Intro, A1, HOLD, A1, HOLD, B, A2, TAG, B*, A2, A*

A1 (32 counts)

HEEL, HEEL, POINT BACK, HEEL, HEEL, POINT BACK, SCUFF, STEP

- 1&2 – Right heel forward, step aside left next to right, left heel forward
- 3&4 – Point back right foot behind left, step aside right foot, left heel forward
- 5&6 – Right heel forward, step aside right foot, point left foot behind right foot
- 7&8 – Put left foot home, scuff right foot, step right foot forward

SWIVET R, ½ TURN, COASTER STEP L, VAUDEVILLE L, CORKSCREW

- 1&2 – Right heel goes out on the right, place back right foot, turn ½ left on both feet
- 3&4 – Step left back, Step right together with left, step left front.
- 5&6 – Cross right over left. Step diagonally back left on left & turn body diagonally to the right, Touch right heel diagonally forward to the right.
- 7-8 – Put weight on the right foot and in the meanwhile take a full turn right bringing the feet together.

TRAVELLING APPLEJACKS R, VAUDEVILLE R, WEAWE L (X2) ½ TURN L

- 1&2 - Travelling Apple Jacks To Right Side (Open Toes, Close Toes, open toes)
- 3&4 - Cross left over right. Step diagonally back right & turn body diagonally to the left. Touch left heel diagonally forward to the left.
- 5&6 - Step right foot behind left, step left to left side, step right foot across le left
- 7&8 - Step left foot to left side, cross right behind left, step left to left side, cross right front left.

STEP L, ½ TURN R, STEP L, STEP R, REPEAT ON THE OTHER SIDE

- 1-2 - Step left on the left side, turn ½ right, step right,
- 3-4 - Step left, step right next to the left foot
- 5-6 - Step right on the right side, turn ½ right, step left
- 7-8 - Step right, step left next to the right foot.

A2 (48 counts)

HEEL, HEEL, POINT BACK, HEEL, HEEL, POINT BACK, SCUFF, STEP

- 1&2 – Right heel forward, step aside left next to right, left heel forward
- 3&4 – Point back right foot behind left, step aside right foot, left heel forward
- 5&6 – Right heel forward, step aside right foot, point left foot behind right foot
- 7&8 – Put left foot home, scuff right foot, step right foot forward

SWIVET R, ½ TURN, COASTER STEP L, VAUDEVILLE L, CORKSCREW

- 1&2 – Right heel goes out on the right, place back right foot, turn ½ left on both feet
- 3&4 – Step left back, Step right together with left, step left front.
- 5&6 – Cross right over left. Step diagonally back left on left & turn body diagonally to the right.
- & - Touch right heel diagonally forward to the right.
- 7-8 – Put weight on the right foot and in the meanwhile take a full turn right bringing the feet together.

TRAVELLING APPLEJACKS R, VAUDEVILLE R, WEAWE L (X2) ½ TURN L

- 1&2 - Travelling Apple Jacks To Right Side (Open Toes, Close Toes, open toes)

- 3&4 - Cross left over right. Step diagonally back right & turn body diagonally to the left. Touch left heel diagonally forward to the left.
- 5&6 - Step right foot behind left, step left to left side, step right foot across the left
- 7&8 - Step left foot to left side, cross right behind left, step left to left side, cross right front left.

STEP, STOMP UP, STEP, SCUFF, JAZZBOX, TRAVELLING APPLEJACKS, APPLEJACK, ¼ TURN SWIVET RIGHT

- 1&2 - Lateral step left, stomp up right, lateral step right
- & - scuff with left foot
- 3&4 - Cross left over right, step back right, close left to right
- 5&6 - Travelling Apple Jacks To Right Side (Open Toes, Close Toes, open toes, close toes)
- 7&8 - Left applejack (open toes, close toes), taking weight onto right heel and left toes swivel both toes to right, return feet to center with body turned towards right (3:00)

COASTER STEP R, GRAPEVINE L, ROLLING FULL TURN R

- 1&2 - Step back with right foot, close left next to right, step right forward
- 3&4 - Step left foot to the side, cross right foot behind, step left to the side
- 5-6 - Point out right foot to the side, ½ turn right with left
- 7-8 - ½ turn right with right foot, step left next to right.

SHUFFLED RUMBA BOX

- 1&2 - Step right foot to the right, step left foot beside the right (on the & count) and then step right foot in the same direction again.
- 3&4 - Step ¼ turn left to the left, step right close to left, step left in the same direction again
- 5&6 - Step ¼ turn right to the right, step left foot beside the right (on the & count) and then step right foot in the same direction again.
- 7&8 - Step ¼ turn left to the left, step right close to left, step left ¼ right.

PART B (56 counts)

STEP BACK R, L, COASTER STEP R, STEP L, R, COASTERSTEP L

- 1-2 - Step back right, step left back
- 3&4 - Step back with right foot, close left next to right, step right forward
- 5-6 - Step left forward, step right forward
- 7&8 - Step left forward, Step right together with left, step left back

POINT BACK R, TURN, ROCK BACK, STOMP (X2), POINT L (X2), KICK L (X2), KICK R, KICK L, STEP, SCUFF

- 1-2 - Point back right foot ½ turn right, step left forward ½ turn right
- 3&4 - Rock back on right foot lifting left leg, step left in place, stomp up right next to left
- & - Stomp right forward
- 5&6 - Point back left behind right, point back left diagonally on the left, kick left forward
- & - Kick left foot forward
- 7&8 - Kick right forward, kick left forward, step left
- & - Scuff right

STEP ¼ TURN R, STOMP UP L, STEP L, SCUFF, VAUDEVILLE L, FLICK R, JAZZBOX

- 1&2 - Step right foot ¼ left turn, stomp up left, step left ¼ left
- & - Scuff right
- 3&4 - Cross right over left, step diagonally back left on left & turn body diagonally to the right, touch right heel diagonally forward to the right
- & - Flick right
- 5&6 - Step right diagonally on the right, step left diagonally on the left, step right diagonally back towards left
- & - Step left diagonally back towards right
- 7&8 - Cross right over left, step back on left, step right back next to left

& - Left next to right

FOOT BOOGIE R, HOLD, ¼ TURN, FOOT BOOGIE L, HOLD

1-2 - Point out right toes on the right foot, point out right heel
3-4 - Point out right toes, hold
5-6 - ¼ turn right point out left toes on left foot, point out left heel
7-8 - Point out left toes, hold

CROSS JUMP R ON L, ¼ TURN, CROSSING JUMP L ON R, ROCK BACK L,

1-2 - Jumping cross right over left, step left
3-4 - Place right next to left, jumping cross left over right while turning ¼ right
5-6 - Step right in place, step left
7-8 - Stomp up right, stomp right forward

KICK L (X2), COASTER STEP L, STEP R FORWARD, ½ TURN STEP R, STEP L ¼ TURN,

1-2 - Kick left forward, kick left forward
3&4 - Step left back, Step right together with left, step left forward
5&6 - Rock right foot forward, put weight on left, turn ½ right with right foot and place right forward
7-8 - Step 1/4 right with left foot, step right next to left

STEP R, HOOK L, GRAPEVINE L, SLIDE L, CLOSE.

1-2 - Step right towards right (3:00), hook left ¼ turn left
3&4 - Open left on the left, cross right behind left foot, step left on the left
5 - 8 - Step big right on the right, slide left towards right.

TAG (4 counts)

STEP TURN R (X2)

1-2 - Step right, ½ left
3-4 - Step right. ½ turn left

B* (56 counts)

STEP BACK R, L, COASTER STEP R, STEP L, R, COASTERSTEP L

1-2 - Step back right, step left back
3&4 - Step back with right foot, close left next to right, step right forward
5-6 - Step left forward, step right forward
7&8 - Step left forward, Step right together with left, step left back

POINT BACK R, TURN, ROCK BACK, STOMP (X2), POINT L (X2), KICK L (X2), KICK R, KICK L, STEP, SCUFF

1-2 - Point back right foot ½ turn right, step left forward ½ turn right
3&4 - Rock back on right foot lifting left leg, step left in place, stomp up right next to left
& - Stomp right forward
5&6 - Point back left behind right, point back left diagonally on the left, kick left forward
& - Kick left foot forward
7&8 - Kick right forward, kick left forward, step left
& - Scuff right

STEP ¼ TURN R, STOMP UP L, STEP L, SCUFF, VAUDEVILLE L, FLICK R, JAZZBOX

1&2 - Step right foot ¼ left turn, stomp up left, step left ¼ left
& - Scuff right
3&4 - Cross right over left, step diagonally back left on left & turn body diagonally to the right, touch right heel diagonally forward to the right
& - Flick right
5&6 - Step right diagonally on the right, step left diagonally on the left, step right diagonally back towards left

- & - Step left diagonally back towards right
- 7&8 - Cross right over left , step back on left, step right back next to left
- & - Left next to right

FOOT BOOGIE R, HOLD, ¼ TURN, FOOT BOOGIE L, HOLD

- 1-2 - Point out right toes on the right foot, point out right heel
- 3-4 - Point out right toes, hold
- 5-6 - ¼ turn right point out left toes on left foot, point out left heel
- 7-8 - Point out left toes, hold

CROSS JUMP R ON L, ¼ TURN, CROSSING JUMP L ON R, ROCK BACK L, STOMP (x2)

- 1-2 - Jumping cross right over left, step left
- 3-4 - Place right next to left, jumping cross left over right while turning ¼ right
- 5-6 - Step right in place, step left
- 7-8 - Stomp right, stomp left

A* FINAL (24 counts)

HEEL, HEEL, POINT BACK, HEEL, HEEL, POINT BACK, SCUFF, STEP

- 1&2 – Right heel forward, step aside left next to right, left heel forward
- 3&4 – Point back right foot behind left, step aside right foot, left heel forward
- 5&6 – Right heel forward, step aside right foot, point left foot behind right foot
- 7&8 – Put left foot home, scuff right foot, step right foot forward

SWIVET R, ½ TURN, COASTER STEP L, VAUDEVILLE L, CORKSCREW

- 1&2 – Right heel goes out on the right, place back right foot, turn ½ left on both feet
- 3&4 - Step left back, Step right together with left, step left front.
- 5&6 - Cross right over left. Step diagonally back left on left & turn body diagonally to the right.
Touch right heel diagonally forward to the right.
- 7&8 – Put weight on the right foot and in the meanwhile take slowly a full turn right bringing the feet together.

INTRO:

STEP BACK R, L, COASTER STEP R, STEP L, R, COASTERSTEP L

- 1-2 - Step back right, step left back
- 3&4 - Step back with right foot, close left next to right, step right forward
- 5-6 - Step left forward, step right forward
- 7&8 - Step left forward, Step right together with left, step left back

¼ TURN GRAPEVINE R, ROLLING FULL TURN L

- 1-2 - Turn ¼ right and step right foot to right side, cross left behind right
 - 3-4 - Step right to right side, left next to right
 - 5-6 - Point out left foot, turn ½ left with left foot, turn ½ left with right foot
 - 7-8 - Step left foot ¼ left, right next to left.
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