

Glory Be

拍數: 32 牆數: 4 級數: Beginner
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音樂: Hangin' Tree - Blues Saraceno



STOMP, CLAP, STOMP, CLAP, STOMP, CLAP, CLAP, REPEAT FROM OPPOSITE FOOT.

1&2& Stomp right to right side, Clap hands to right, Stomp left to left side, Clap hands to left
3&4 Stomp right to right side, Clap hands to right twice
5&6& Stomp left to left side, Clap hands to left, Stomp right to right side, Clap hands to right
7&8 Stomp left to left side, Clap hands to left twice.

WEAVE LEFT, SIDE ROCK, ¼ TURN RIGHT, STEP, ROCKING CHAIR R. COASTER STEP L

1&2 Cross right foot behind left, step left next to right, cross right foot in front of the left foot.
3&4 Rock left foot to the left, turn ¼ right, step left front right foot.
5&6 Rock right foot forward, place body weight on the left foot and rock the right foot back, foot next to the left.
7&8 Place back the left foot, reach the left with the right, put left foot forward.

SHUFFLE R, ROCK BACK R, SHUFFLE TURN L, VAUDEVILLE R

1&2 Right foot on right side, close left foot next to the right, open right foot on the right
3-4 Rock back left foot behind right foot
5&6 open left foot to the left, right reaches left foot, step left
7&8 turn ½ right with right foot, close left next to the right foot, put right foot forward.

VAUDEVILLE R, SCUFF, HITCH, STEP, SWIVEL ¼ TURN, COASTER STEP, SCUFF.

1&2& Cross left foot on the right foot, step right foot diagonally back on right, point left heel diagonally on the left, put left foot down in place.
3&4 Move the right foot by gently sliding the ball of the foot across the floor, lift the right knee, step right foot forward.
5&6 Turn ¼ left with both feet while putting the weight on both toes and swivel both heels to the right. Return feet to center, put both heels towards right
7&8 Step left forward, Step right together with left, step left back, move the right foot by gently sliding the ball of the foot across the floor.

RESTART –On the 3rd and 6th wall, after 16th count.

Intro: 26 counts

R HEEL, L HEEL, HEEL R, HITCH, R HEEL , REPEAT FROM OTHER SIDE FOOT.

1&2 Put right heel in front, place back right foot, put left heel in front
3&4 Put right heel in front, lift right knee, put right heel in front
5&6 Put left heel in front, place back left foot, put right heel in front
7&8 Put left heel in front, lift left knee, put left heel in front

SHUFFLE R, ROCK BACK, SHUFFLE L , ROCK BACK

1&2 Step right foot in right direction, step the other foot beside the right and then step the right foot in the same direction again
3-4 Rock left foot behind the right foot
5&6 Step left foot in left direction, step the other foot beside th left and then step the left foot in the same direction again
7-8 Rock right foot behind the left foot.

MONTEREY X 2,

- 1-2 Touch toes of right foot to the right side, keeping weight on the left foot. Turn 1/2 turn right and step right foot next to left taking the weight onto right foot
- 3-4 Touch left toes to left side, Step left foot beside right with weight on the left foot
- 5-6 Touch toes of right foot to the right side, keeping weight on the left foot, Turn 1/2 turn right and step right foot next to left taking the weight onto right foot
- 7-8 Touch left toes to left side, Step left foot beside right with weight on the left foot

JAZZBOX

- 1&2 Step forward with left, cross right over left, step back on left, step side R.
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