

Miss Our Days

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Pol F. Ryan (ES) - June 2019
音樂: Miss Our Days - Allwoods



Step sheet by: Xavi Barrera

There is a 12-count Tag at the end of the fourth, and eleventh walls

Restart after the count 32 of the third, seventh and tenth walls.

RUMBA BOX, HOLD, ROCK STEP, ½ TURN STEP, STOMP

- 1- Step right to the right
- 2- Step left beside the right
- 3- Step right forward
- 4- Hold
- 5- Rock left forward
- 6- Recover your weight on to the right
- 7- Step left back, turning ½ turn to the left at the same time
- 8- Stomp right beside the left

RUMBA BOX, HOLD, ROCK STEP, STEP, HOLD

- 9- Step right to the right
- 10- Step left beside the right
- 11- Step right forward
- 12- Hold
- 13- Rock left forward
- 14- Recover your weight on to the right
- 15- Step left back
- 16- Hold

WALK BACK x 3, HOLD, ½ TURN ROCK STEP, HOLD

- 17- Step right back
- 18- Step left back
- 19- Step right back
- 20- Hold
- 21- Rock left back, turning ½ turn to the left at the same time
- 22- Recover your weight on to the right
- 23- Step left back, turning ½ turn to the left at the same time
- 24- Hold

TOE, SCUFF, CROSS, TOE, ROCK STEP, ROCK, HOOK

- 25- Touch right toe back
- 26- Scuff right beside the left
- 27- Cross right over the left
- 28- Touch left toe, crossed behind the right
- 29- Jumping, rock left back
- 30- Jumping, recover your weight on to the right
- 31- Jumping, rock left back
- 32- Hook right over the left shin

*On the third, seventh, and tenth walls, Restart at this point

TRIPLE STEP, HOLD, ROCK STEP, ½ TURN STEP, HOLD

- 33- Step right forward
- 34- (Lock) Step left to the right side of the right
- 35- Step right forward
- 36- Hold
- 37- Rock left forward
- 38- Recover your weight on to the right
- 39- Step left back, turning ½ turn to the left at the same time
- 40- Hold

STEP, HOLD, STEP, HOLD, ROCK STEP, ½ TURN STEP, HOLD

- 41- Step right forward
- 42- Hold
- 43- Step left forward
- 44- Hold
- 45- Rock right forward
- 46- Recover your weight on to the left
- 47- Step right back, turning ½ turn to the right at the same time
- 48- Hold

ROCK STEP, KICK, CROSS, ROCK STEP, KICK, CROSS

- 49- Rock left to the left
- 50- Recover your weight on to the right
- 51- Kick left forward
- 52- Cross left over the right
- 53- Rock right to the right
- 54- Recover your weight on to the left
- 55- Kick right forward
- 56- Cross right over the left

SWIVELS, ½ TURN SWIVELS, SLOW COASTER STEP, STOMP

- 57- Move both heels to the right
- 58- Move both heels to center
- 59- Move both heels to the right
- 60- Keep moving both heels to the right until completing ½ turn to the left
- 61- Step left back
- 62- Step right beside the left
- 63- Step left forward
- 64- Stomp right beside the left

Restart**TAG. Add these 12 counts at the end of the fourth and eleventh walls:****HEEL STRUT x 4**

- 1- Touch right heel forward
- 2- Step right beside the left
- 3- Touch left heel forward
- 4- Step left beside the right
- 5- Touch right heel forward
- 6- Step right beside the left
- 7- Touch left heel forward
- 8- Step left beside the right

SLIDE, STOMP, HOLD

- 9- Start a two-count slide with the right

- 10- End slide
- 11- Stomp left beside the right
- 12- Hold

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