

# One Day

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Andrico Yusran (INA) & Lucy Sujadi (INA) - July 2019  
音樂: One Day (feat. Helena) - Arash



Restart : on wall 4 after 16 counts

Tag : 8 counts after wall 9

Start on Lyrics ♥

## S1# TOE STRUTS - LINDY

1-2            Step R diagonal forward , R tap in place  
3-4            Step L toe cross over R , L tap in place  
5&6           Step R to side , L close beside R , R to side  
7-8            Step L back , R recover

## S2# ROCKING CHAIR - PIVOT 1/4 TO R - CROSS SHUFFLE

1-2            Step L forward , R tap in place  
3-4            Step L back , R tap in place  
5-6            Step L forward 1/4 turn to R , R in place  
7&8            Step L cross over R , R to side , L cross over R

( Restart here on wall 4 )

## S3# SIDE - KICK - SIDE - TOUCH - SIDE - CLOSE

1-2            Step R to side , L kick cross over R  
3-4            Step L to side , R close touch beside Ln  
5-6            Step R to side , L close beside R  
7-8            Step R to side , L close touch beside R

## S4# VINE - SIDE - CROSS - SIDE - FORWARD

1-2            Step L to side , R cross behind  
3-4            Step L to side , R touch beside L  
5-6            Step R to side , L cross behind R  
7-8            Step R to side , L forward

## TAG - 8 COUNTS

### # JAZZ BOX - SIDE TOUCH - CROSS - SIDE TOUCH - CROSS

1-2            Step R cross over L , L back  
3-4            Step R to side , L forward  
5-6            Step R side touch point , R cross over L  
7-8            Step L side touch point , L cross over R

Enjoy The Dance

Contact: [ricoyusran@yahoo.com](mailto:ricoyusran@yahoo.com)