

She Used To Be Mine

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Julie Carr (UK) - June 2019
音樂: She Used to Be Mine - Sara Bareilles : (iTunes)



(12 count intro, just before "it's not simple, five piano dings !!)

Section 1: Left twinkle ¼ turn left, basic waltz back

1,2,3 cross left over right, ¼ turn left stepping back right, close left next to right
4,5,6 step back on right, close left next to right, step right in place

Section 2: Left twinkle ¼ turn left, basic waltz back

1,2,3 cross left over right, ¼ turn left stepping back right, close left next to right
4,5,6 step back on right, close left next to right, step right in place = Restart wall 5.

Section 3: Left twinkle, right twinkle ¾ turn to the left

1,2,3 cross left over right, step right back, step left to left side (face diagonal)
4,5,6 cross right over left, ¼ turn left step back left, ½ turn left step forward right (3 o'clock)

Section 4: Cross point hold, ½ turn monteray

1,2,3 cross left in front of right, point right to right side, hold
4,5,6 pivoting on ball of left foot ½ turn over right shoulder closing right next to left, point left out to the side, hold

Section 5: 2 x forward travelling twinkles

1,2,3 cross left slightly in front of right, step right to right side, step left to left side
4,5,6 cross right slightly in front of left, step left to left side, step right to right side

Section 6: Step touch hold, back point hold

1,2,3 step left forward, touch right next to left, hold
4,5,6 step right back, point left toes forward (angling body to the right)

Section 7: 2 x basic waltz ½ turns to the left

1,2,3 step left forward, ¼ turn left and step right together, ¼ turn left and step left together
4,5,6 step right back, ¼ turn left and step left together ¼ turn left and step right together

Section 8: Lunge forward left, recover, step back, basic waltz back

1,2,3 press left forward, recover weight onto right, step back on left
4,5,6 step right back, close left next to right, step right forward

One Re- start, Wall 5 , After section 2.

With thank to Cathy Hodgson, Pro scripts