Tu m'appelles

拍數: 32

級數: Improver

編舞者: Silvia Schill (DE) - June 2019

音樂: Tu m'appelles (feat. PEACHY) - Adel Tawil

牆數:2

The dance begins with the vocals (2+2 walls)

Dorothy Steps R + L, Rock Forward & Rock Forward

- 1-2& Step diagonally right forward with RF- cross LF behind RF and step diagonally right forward with RF
- 3-4& Step diagonally left forward with LF cross RF behind LF and step diagonally left forward with LF
- 5-6 Step forward with RF, weight back on LF.
- &7-8 RF beside LF and step forward with LF weight back on RF

Back 2, Sailor Step Turning ¼ L, Rock Side-Cross R + L (Traveling Forward)

- 1-2 2 steps backwards, swinging the leading foot backwards in a circle (L R)
- 3&4 Cross LF behind RF ¼ turn left, RF beside LF and step forward with LF (9 o'clock)
- 5&6 Step to right with RF, step weight back onto LF and cross RF over left.
- 7&8 Step to left with LF, step weight back onto RF, cross LF over right.

Tag/Restart: In the 3rd and 8th round - direction 9 o'clock - stop here, dance the tag and start all over again. Restart: In the 5th round - direction 12 o'clock - stop here and start from the beginning

Step, Pivot ¼ L 2 x, Cross, Side, Sailor Step

- 1-2 Step forward with RF ¹/₄ turn left around on both bales, weight at the end on LF (6 o'clock)
- 3-4 As 1-2 (at '1-4' let the hips circle in a semicircle from back to front) (3 o'clock)
- 5-6 Cross RF over LF Step left with LF
- 7&8 Cross RF behind LF step left with LF and weight back on RF

Cross, ¼ Turn L, Shuffle Back Turning ½ L, Mambo Forward, Coaster Step

- 1-2 Cross LF over RF 1/4 turn left around and step backwards with RF (12 o'clock)
- 3&4 ¹/₄ turn left around and step left with LF RF beside LF, ¹/₄ turn left around and step forward with LF (6 o'clock)
- 5&6 Step forward with RF- weight back on LF and small step backwards with RF
- 7&8 Step back with LF, RF beside LF and small step forward with LF

Repeat to the end

Tag: after the end of the 10th round - 9 o'clock

Side, Touch/Snap R + L

- 1-2 Step to right with RF, touch LF beside RF (snap at chest level)
- 3-4 Step to left with LF, tap RF beside LF (snap at hip level)

And don't forget to smile, because dancing is fun!

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