## Sent From Heaven

拍數: 48

級數: Intermediate

編舞者: Julie Lockton (ES) & Dave Morgan (UK) - June 2019

音樂: God Gave Me You - Bryan White : (4:03)

## Count in: Approx. 21 seconds Section 1: Cross ,Back, Ball, Walk Walk, Step ½ pivot turn, walk walk (Optional full turn) 1 - 2 & 3 - 4Cross R over L, step back on L, step back on ball of R foot (&), walk fwd L, R 5&6-7-8 Step fwd L, step 1/2 turn over R (06:00), step fwd L, walk fwd R, walk fwd L (Optional Full Turn) Section 2: Basic nightclub R, basic nightclub L making ¼ turn R, rocking chair 1-2&3-4& Step R to R side, rock back on L, recover onto R, step L to L side, rock back on R, recover onto L making <sup>1</sup>/<sub>4</sub> turn right 5-6-7-8 Rock fwd on R, recover onto L, rock back on R, recover onto L **RESTART HERE ON WALL 5** Section 3: Step Fwd, step back ½ turn, coaster cross, rock and cross, point, touch 1-2-3&4 Step fwd on R, making 1/2 turn over R step back on the L, step back on R, step L beside R, cross R over L 5&6-7-8 Rock L to L side, recover onto R, cross L over R, point R to R diagonal, touch R beside L Section 4: Chasse R, ½ Turn, Chasse Left, Rock back and side, behind side, step fwd 1&2-3&4 Step R to R side, step L beside R, step R to R side, making <sup>1</sup>/<sub>2</sub> turn over R shoulder step L to L side, step R beside L, step L to L side 5&6 Rock back R behind L, Recover on L, Step R to R side 7&8 Step L behind R, Step R to R side, Step fwd on L Section 5: Rock, Recover, Ball Rock Recover, ½ Turn Right, Rock Back, Recover, Walk, Walk 1-2& Rock fwd on R, recover on L, step R next to L 3-4& Rock Back on L, recover on R, make 1/2 R right stepping back on the L 5-6 Rock back on R, recover onto L 7-8 Walk forward R, L (Optional Full Turn) Section 6: Nightclub Basic Right, Nightclub Basic Left with ¼ turn. Mambo ½ Left, ½, ¼ 1-2& Step R to R side, rock back on L, recover on the R 3-4 & 5 Step L to L side, rock back on R, recover on L. Make 1/4 turn R stepping fwd on R Rock forward on left, Recover on right. Make 1/2 turn left 6&7 8 & Make 1/2 turn left stepping back right. Make 1/4 turn left stepping left to left side

RESTART: On wall 5 Restart the dance after count 16





**牆數**:4