Old Town Road



拍數: 96 牆數: 1 級數: Improver

編舞者: Kelli Derengowski - June 2019

音樂: Old Town Road (feat. Billy Ray Cyrus) (Remix) - Lil Nas X



Intro 16 beats. Start at vocals. No Tags Or Restarts

S-1 WEAVE WITH 1/2 PADDLE TURN TO LEFT

1-4 LF X Behind RF- RF Side LF X front of RF.

5-8 (Paddle turn) -RF LF RF LF using left foot as pivot point using RF to push with hip roll.

S-2 REPEAT WEAVE WITH ½ PADDLE TURN TO LEFT

1-4 LF X Behind RF- RF Side LF X front of RF.

5-8 (Paddle Turn) RF LF RF LF using left foot as pivot point using RF to push with hip roll.

S-3 MOVE FORWARD TOWARD RIGHT 3 HALF STEPS THEN BRUSH ON 4 . MOVE FORWARD LEFT 3 HALF STEPS THEN BRUSH ON 8

1-4 Moving diagonal right-RF step forward, bring LF together to RF, Step forward with RF- brush

_F to RF

5-8 Moving forward turning slightly left, LF step forward, bring RF to LF, Step forward with LF-

Brush RF to LF

S-4 RETRACE STEPS MOVIG BACKWARDS LASSO WITH RIGHT ARM

1-4 Moving backwards diagonal right-RF step back, bring LF together to RF, Step back with RF-

brush LF to RF

5-8 Moving backwards turning slightly left, LF step forward, bring RF to LF, Step forward with LF-

Brush RF to LF

S-5 -S8: FOUR SETS OF SYNOPATED WEAVES WITH 1/4 TURN HIP ROCK HIP ROCK TO FACE EACH WALL FOR A TOTAL OF 32 COUNTS.

1,2 Step to the side with RF. Cross LF behind RF

&3,4 RF step to the side on & LF cross over RF on 3. RF step to the side on 4

HIP ROCK, HIP ROCK W 1/4 AND TAP.

5-6 Transfer weight to left foot rocking hip to left. Rock to right transferring weight to RF

7-8 Transfer weight to LF turning ¼ turn to right rock hip to left, bring RF to LF and Tap.

No Weight on RF.

REPEAT FOR S6-S7and S8 UNTIL FACING WALL 1

S-9 Back steps and small kicks swiping right hand toward the kicking leg (spank that pony)

1-8 Back step RF, small kick LF, Back step LF, small kick RF, Back step RF, Small kick LF, Back

Step LF, small kick RF.

S-10 FULL CIRLC PADDLE TURN WITH OPTIONAL HIP ROLL TO LEFT

1-8 With weight in LF use RF to push or paddle to the left shifting weight as you turn.

S-11 KICK OUT KICK IN CROSSING CROSSING FOOT OVER ANKLE KICK OUT STEP TOGETHER

1-2 RF Kick, bring back and cross over left ankle,

3-4 Kick RF out again then bring RF back to LF Transferring weight to RF.

5-6 Mirror kick steps with opposite foot. LF Kick, bring back and cross over Right ankle,

7-8 Kick LF out again then bring LF back to RF Transferring weight to LF.

S-12 ROCK STEP HOLD, ROCK STEP HOLD DIAGONAL LEFT THEN DIAGONAL RIGHT

1-2 RF Rock forward diagonal left, recover shifting weight to LF,

3-4	Bring RF back beside LF on 3 in standing position and hold on 4
5-6	LF Rock Forward diagonal Right, recover shifting weight to RF
7-8	Bring LF back to RF on 7 to standing position and hold on 8

No Tags or restarts! Don't let the number steps fool you! Lots of steps are repeated. Have fun get funky.