

I Hear You Knocking

拍數: 48 牆數: 2 級數: High Beginner
編舞者: Alfred Wolf (DE) - June 2019
音樂: I Hear You Knocking - Dave Edmunds : (1972)



Count In: 16 Counts

[1-8] SHUFFLE FWD R + L, 2x

1&2, 3&4 Step fwd R, step L next to R, step fwd R, step fwd L, step R next to L, step fwd L.
5&6, 7&8 Step fwd R, step L next to R, step fwd R, step fwd L, step R next to L, step fwd L.

[9-16] STEP FWD, TOE TOUCH WITH CLAP, (STEP BACK, TOE TOUCH WITH CLAP) 3x

1-2 Step forward on right (towards right diagonal), touch left toe beside right with clap.
3-4 Step back on left (towards left diagonal), touch right toe beside left with clap.
5-6 Step back on right (towards right diagonal), touch left toe beside right with clap.
7-8 Step back on left (towards left diagonal), touch right toe beside left with clap.

[17-24] SCISSOR STEP R + L, 2x

1&2, 3&4 Step R to right, step L beside R, cross R over L, Step L to left, step R beside L, cross L over R.
5&6, 7&8 Step R to right, step L beside R, cross R over L, Step L to left, step R beside L, cross L over R.

[25-32] SIDE, BEHIND, SHUFFLE SIDE ¼ TURN, STEP, ½ PIVOT, ½ TURN, STEP BACK

1-2 Step R to side, cross L behind R.
3&4 Step R to right, step L beside R, step R to right ¼ turn right.
5-6 Step fwd L, pivot ½ right.
7-8 Turn ½ right stepping back L, Step back on R [3:00].

[33-40] BACK, BACK, COASTER CROSS, MAMBO R, SCISSOR STEP L

1-2 Step back on L, step back on R.
3&4 Step back L, step R next to L, cross L over R.
5&6 Rock R to right, lift and recover weight on L, step R back in place.
7&8 Step L to left, step R beside L, cross L over R.

[41-48] SIDE, LOCK, SIDE, LOCK, SIDE, HEEL GRIND TURNING ¼ L, TOUCH L BACK, UNWIND ½ L, HOLD

1&2&3 Step R to right, lock L behind R, step R to right, lock L behind R, step R to right.
4-5 Step L heel fwd, turn ¼ left [12:00].
6-7 Touch L behind R, unwind ½ turn left .
8 Hold.

REPEAT

15.06.2019