

Southbound For The Summer

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Conrad Farnham (USA) - June 2019
音樂: Southbound - Carrie Underwood



TOE POINT R, TOE POINT L, HEEL TOUCH FRONT R, HEEL TOUCH FRONT L, WALK FORWARD R, L, SHUFFLE FORWARD R,L,R

- 1&2&3&4& Point right toe out to right side, bring back to center and shift weight to right, point left toe out to left side, bring back to center and shift weight to left, touch right heel forward, bring back to center and shift weight to right, touch left heel forward, bring back to center and shift weight to left
- 5-6,7&8 Walk forward right, left, shuffle forward right, left, right

STEP FORWARD L, PIVOT 1/4 R, CROSS SHUFFLE L,R,L, ROCK R RECOVER L, STEP R BEHIND L, STEP L TO L, CROSS R IN FRONT OF L

- 1-2,3&4 Step forward left, pivot 1/4 turn right shifting weight to right, cross left over right, step right to right, cross left over right
- 5-6,7&8 Rock right to right side, recover weight on left, step right behind left, step left to left side, cross right over left

***To make this dance easier for beginners, replace the turn in this section with a walk ¼ left with left, walk forward right, then continuing with the shuffle forward.**

STEP L 1/4 L, PIVOT 1/2 ON L STEP BACK R, SHUFFLE 1/2 OVER L SHOULDER L,R,L, STEP FORWARD R, PIVOT 1/4 L, CROSS SHUFFLE R,L,R

- 1-2,3&4 Step left 1/4 left, pivot 1/2 on left while stepping back on right, shuffle 1/2 over left shoulder, left right left
- 5-6,7&8 Step forward right, pivot 1/4 turn left shifting weight to left, cross right over left, step left to left, cross right over left

ROCK L RECOVER R, STEP L BEHIND R, STEP R TO R, CROSS L IN FRONT OF R, 1/4 TURN RIGHT MONTEREY X 2

- 1-2,3&4 Rock left to left side, recover weight on right, step left behind right, step right to right, cross left over right
- 5&6&7&8& Point right toe out right, return to center making 1/4 turn right and shifting weight to right, point left toe out left, return to center and shifting weight to left, repeat

***To make this dance easier for beginners, replace the turn in Section 3 with a walk ¼ left with left, walk right, then continuing with the shuffle forward.**

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