

How Bad Can I Be

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver - Country Rock
編舞者: Christina Yang (KOR) - June 2019
音樂: How Bad Can I Be? (feat. The Lorax Singers) - Ed Helms : (Album: Lorax OST)



Start the dance after 16 counts

SECTION 1: (RF HEEL SWIVEL TO L, RF TOE SWIVEL TO L) X 2, (LF HEEL SWIVEL TO L, LF TOE SWIVEL TO L) X 2, (BOTH TOES SWIVEL TO R, BOTH HEELS SWIVEL TO R) X 2, 1/4 TURN TO L WITH FLICK, SCUFF, STEP

1&2& RF heel swivel to L and RF toe move to R, RF toe swivel to L and RF heel move to R, RF heel swivel to L and RF toe move to R, RF toe swivel to L and RF heel move to R
3&4& LF heel swivel to L and LF toe move to R, LF toe swivel to L and LF heel swivel to R, LF heel swivel to L and LF toe move to R, LF toe swivel to L and LF heel swivel to R
5&6& Both toes swivel to R and both heel move to L, Both heel swivel to R and both toes move to L, Both toes swivel to R and both heel move to L, Both heel swivel to R and both toes move to L
7&8 1/4 turn to L with RF backward flick, RF scuff, RF step

SECTION 2: FORWARD MAMBO, COASTER STEP, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

1&2 LF forward rock, LF recover, LF backward
3&4 RF backward, LF closed RF, RF forward
5&6 LF cross rock over RF, RF recover, LF side
7&8& RF cross rock over LF, LF recover, RF side rock, LF recover

SECTION 3: FORWARD, 1/4 TURN TO R WITH PIVOT TURN, CROSS, SIDE ROCK, RECOVER, FORWARD, 1/4 TURN TO R WITH PIVOT TURN, 1/4 TURN TO R WITH WEAVE STEP

1-2& RF forward, LF forward rock, 1/4 turn to R with RF recover
3-4& LF cross, RF side rock, LF recover
5-6& RF forward, LF forward rock, 1/4 turn to R with RF recover
7&8& LF cross over, RF, RF side, LF cross behind RF, 1/4 turn to R with RF forward

SECTION 4: FORWARD SHUFFLE, 1/4 TURN TO R WITH JAZZ BOX CROSS, SIDE TOUCH, SIDE TOUCH, FORWARD HEEL TOUCH, REPLACE AND FOOT CHANGE, FORWARD STEP, TOUCH

1&2 LF forward, RF closed LF, LF forward
3&4& RF cross over LF, 1/4 turn to R with LF backward, RF side, LF cross over RF
5&6& RF side touch, Replace and weight change, LF side touch, Replace and weight change,
7&8& RF forward heel touch, RF replace and weight change, LF forward step, RF touch

RESTART

On the 4th wall, you will dance to 8 counts and start again
On the 6th wall, you will dance to 28 counts and start again

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<https://www.facebook.com/christina.yang.148553>

<https://www.youtube.com/c/ChristinaYangLinedance>

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