

Sleepy Joe's Café

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Silvia Schill (DE) - June 2019
音樂: Sleepy Joe's Café - Bruce Springsteen



The dance begins with the vocals

Side Touch R/L with Snap, Side, Close, Step Back, Touch

- 1-2 Step RF to right, touch LF beside RF, while swinging hands to right and snap
- 3-4 Step LF to left, touch RF beside LF, while swinging hands to left and snap
- 5-6 Step RF to right, LF beside RF
- 7-8 Step back with RF and touch LF beside RF

¼ Turn L, Side Touch L/R with Snap, Side, Close, Step, Brush

- 1-2 ¼ turn left around, step with LF to left, RF touch beside LF, while swinging hands to left and snap (9 o'clock)
- 3-4 Step RF to right, touch LF beside RF, while swinging hands to right and snap
- 5-6 Step LF to left, RF beside LF
- 7-8 Step forward with LF, swing right bale forward

Rocking Chair R, Step Turn ½, Step, Clap

- 1-2 Step forward with RF, lift LF slightly up, weight back on LF
- 3-4 Step back with LF, lift RF slightly up, weight back on RF
- 5-6 Step forward with RF, ½ turn left on both bales (3 o'clock)
- 7-8 Step forward with RF and clap your hands

Rocking Chair L, Step Turn ¼ R, Cross, Hold

- 1-2 Step forward with LF, lift RF slightly up, weight back on RF
- 3-4 Step back with LF, lift RF slightly up, weight back on RF
- 5-6 Step forward with LF, ¼ turn right around, weight on RF (6 o'clock)
- 7-8 LF cross over RF, hold

Weave R, Side Rock, Cross Strut

- 1-2 Step with RF to right, cross LF behind RF
- 3-4 Step with RF to right, cross LF over RF
- 5-6 Step with RF to right, lift LF slightly up, weight back on LF
- 7-8 Right toe touch in front of LF and set it down

Weave L, Side Rock ¼ Turn R, Step, Brush

- 1-2 Step with LF to left, cross RF behind LF
- 3-4 Step with LF to left, cross RF before LF
- 5-6 Step with LF to left, lift RF slightly up while doing a ¼ turn right around, weight on RF (9 o'clock)
- 7-8 Step forward with LF, swing right bale forward

Jazz Box Cross ¼ Turn with Toe Strut

- 1-2 Tap right toe in front of LF and set down
- 3-4 Tap left toe with a ¼ turn right around backwards and set down (12 o'clock)
- 5-6 Tap right toe to right and set down
- 7-8 Tap left toe in front of the RF and set it down

Monterey ½ Turn R, Heel Forward R, Toe Back R, Point R, Touch

- 1-2 Tap right toe to right, ½ turn right around and RF beside LF (6 o'clock)

3-4 Tap left toe to left and LF beside RF, weight at end on LF
5-6 Tap the right heel in front, tap the right toe in the back.
7-8 Tap right toe to right and touch RF beside LF

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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