

# Break My Heart

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Heidi Cronjé (SA) - June 2019  
音樂: Break My Heart by Die Broers (02:49)



**Intro: Start on the word "Light" (about 21 sec)**  
**No Restarts / Tags**

## **SECTION 1: SHUFFLE R DIAGONAL , WALK R DIAGONAL, ROCK, RECOVER, ½ L SHUFFLE**

1&2      Step R diagonal fwd, Step L together, Step R diagonal fwd (01:30)  
3-4      Step L diagonal fwd, Step R diagonal fwd (01:30)  
**Optional: Turn full R to R diagonal (turn ½ R and step L back, turn ½ R and step R fwd)**  
5-6      Rock L diagonal fwd, Recover R (01:30)  
7&8      Turn ¼ L and step L side (10:30), step R together, Turn ¼ L and step L fwd (07:30)

## **SECTION 2: WALK R DIAGONAL, SHUFFLE R DIAGONAL 1/8 L, ROCK, RECOVER, ¼ L SHUFFLE**

1-2      Step R diagonal fwd, Step L diagonal fwd (07:30)  
**Optional: Turn full L (turn ½ L and step R back, turn ½ L and step L fwd)**  
3&4      Step R diagonal fwd, Step L together, Step R 1/8 L fwd (06:00)  
5-6      Rock L fwd, Recover R (06:00)  
7&8      Turn 1/8 L and step L side, Step R together, Turn 1/8 L and step L side (03:00)

## **SECTION 3: ROCK ACROSS, RECOVER, R SHUFFLE, ROCK ACROSS, RECOVER, L SHUFFLE**

1-2      Rock R across L, Recover L (03:00)  
3&4      Step R side, Step L together, Step R side (03:00)  
5-6      Rock L across R, Recover R (03:00)  
7&8      Step L side, Step R together, Step L side (03:00)

## **SECTION 4: ¼ L, PIVOT ½ L , PIVOT ¼ L , KICK BALL CHANGE, ROCK, RECOVER (HIP SWAYS)**

1-2      Turn ¼ L and step R fwd, Pivot ½ L (weight to L) (06:00)  
3-4      Step R fwd, Pivot ¼ L (weight to L) (03:00)  
5&6      R kick ball change (03:00)  
7-8      Rock R side, Recover L (Sway hips R, L) (03:00)

**Start Again. Have Fun and Enjoy!**  
**No special ending required as dance ends facing front**

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