

# Get A Moment

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Rhoda Lai (CAN) & Cody Flowers (USA) - May 2019  
音樂: Can I Get a Moment? - Jessica Mauboy : (3:25)



**Intro: 20 counts after the first beat (approx. 15 sec)**

**[1-8] Step-½ Pivot, Bump Strut, ½ Traveling Hip Bumps, ½ Fwd Rock-Recover**

1 2            Step LF forward, Pivot ½ Turn Right putting weight on RF (6:00)  
3 4            Step ball of LF forward bumping hips forward, Step down on LF forward (6:00)  
5&6          ¼ Turn Left stepping ball of RF to right side bumping hips right, Bump hips left, ¼ Turn left stepping back on RF (12:00)  
7 8            ½ Turn Left rocking forward on LF, Recover weight on RF (6:00)

**[9-16] Back Rock-Recover, ¼ Scissor Step, Hinge ½ Turn, Triple Forward**

1 2            Step LF back rocking back, Recover weight on RF (6:00)  
3&4          ¼ Turn Right stepping LF to left side, Step RF beside LF, Cross LF over RF (9:00)  
5 6            ¼ Turn Left stepping back on RF, ¼ Turn Left stepping LF to left side (3:00)  
7&8          Step RF forward, Step LF beside RF, Step RF forward (3:00)

**Restarts Here on Wall 3 facing 9:00, Wall 6 facing 6:00, and Wall 9 facing 3:00.**

**[17-24] Kick-&-Touch, Hitch-Back-Touch, ¼ Sailor Step, Behind-Side-Cross**

1&2          Kick LF forward, Step LF beside RF, Touch RF to right side (3:00)  
&34          Hitch Right Knee, Step RF behind LF, Touch LF to left side (3:00)  
5&6          ¼ Turn Left stepping back on LF, Step RF to right side, Step LF to left side (12:00)  
7&8          Step RF behind LF, Step LF to left Side, Cross RF over LF (12:00)

**[25-32] Side Rock-Recover, ¼, Fwd Rock-Recover, Diagonal Back Touches x2, Coaster Step**

1 2            Rock LF to left side, Recover weight on RF (12:00)  
&34          ¼ Turn Left stepping LF beside RF, Rock forward on RF, Recover weight on LF (9:00)  
5&6&        Step RF back and slight to right side, Touch LF beside RF, Step LF back and slight to left side, Touch RF beside LF (9:00)  
7&8          Step back on RF, Step LF beside RF, Step forward on RF (9:00)

**Begin the Dance Again and Enjoy!!**

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Last Update – 25 June 2019