Heat Wave (Chair Dance)



拍數: 48 牆數: 0 級數: Advanced Chair Dance

編舞者: Rita Ensminger (USA) - June 2019 音樂: Green Door - Shakin' Stevens



Alt. music: Yum Yum by The Deslondes

KICK, TOUCH, POINT, STEP

1-4 R kick, touch together, point side, step together
5-8 L kick, touch together, point side, step together

OUT, OUT, IN, IN, TOUCH FWD, DIAG, SIDE, STEP TOGETHER

1-4 R out, L out, R in, L in

5-8 R touch forward, diagonal, side, step together

OUT, OUT, IN, IN, TOUCH FWD, DIAG, SIDE, STEP TOGETHER

1-4 L out, R out, L in, R in

5-8 L touch forward, diagonal, side, step together

HIPS, SNAPS, CLAPS, SNAPS

1-4 R hip, L hip, R snap, L snap 5-8 Clap, clap, R snap, L snap

FWD, TOGETHER, BACK, TOG.., FWD, TOG.., BACK, TOG..

1-4 R forward, L forward together, R back, L back together 5-8 R forward, L forward together, R back, L back together

HEAD TURNS WITH FOREFINGER POINTS

1-4 R head turn w/R forefinger point, turn forward w/R forefinger point
 5-8 L head turn w/R forefinger point, turn forward w/R forefinger point

REPEAT