Alone Tonight



拍數: 32 牆數: 4 級數: Beginner

編舞者: Karen Bartolini (USA) - June 2019

音樂: Dancing with a Stranger - Sam Smith & Normani



Dance starts on the word ALONE

(1-8) R ROCK - RECOVER, L TRIPLE BACK, L ROCK RECOVER, L KICK BALL CHANGE

1-2 Rock forward on R, recover weight on L

3&4 Triple back R-L-R

5-6 Rock back on L, recover weight on R

7&8 L kick, step on ball of L foot, step R in place

(9-16) L ROCK - RECOVER TRIPLE BACK, R ROCK - RECOVER, L 1/4 TURN

1&2 Rock forward on L, recover weight on R

3&4 Triple back L-R-L5-6 Rock back on R

7&8 Step R forward making ¼ turn L

*TAG DURING WALL 3 (9:00)

(17-24) R CROSS, L SIDE, R BEHIND SIDE CROSS, L ROCK RECOVER 1/4 TURN, TRIPLE 1/2 TURN

1-2 Step R over L, step L to L side

3&4 Step R behind L, step L to L side, step R over L

5-6 L side rock, recover R with ¼ turn R

7&8 ¼ turn R stepping L to L side, ¼ turn R stepping R next to L

(25-32) WALK BACK R, L, R COASTER STEP, L 1/4 MONTERAY, R TOUCH

1-2 Walk back R, L

Step back on R, step L next to R, step R forward
Point L to L side, bring L next to R making ¼ turn L

7-8 Point R to R side, bring R next to L touching R toe next to L

*Tag #1

There is 1 Tag during wall 3 facing 9:00

*Dance 1st 16 counts of dance. At the end of the 2nd set of 8, replace L ¼ turn with a R kick ball change and Restart dance from the beginning.