

# Super Trouper

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Junghye Yoon (KOR) - June 2019  
音樂: Super Trouper - ABBA



**Intro: Start after 32 count**

**Restart :**

**After 28Count in 4Wall(9:00)**

**After 28Count in 12Wall(9:00)**

**After 28Count in 13Wall(12:00)**

**Note : The 12th and 13th walls do not require a restart**

**Tag : After 10Wall(9:00) 8Counts**

**Repeat the last 4section 8count**

**Sec 1 : Shuffle FWD R, L, FWD, side Point (R, L)**

1&2            RF step forward(1), LF step beside RF(&), RF step forward(2)

3&4            LF step forward(3), RF step beside LF(&), LF step forward(4)

5-6            RF step forward(5), LF touch side to left(6)

7-8            LF step forward(7), RF touch side to right(8)

**Sec 2 : Shuffle Back R, L, Revers Rocking Chair**

1-2            RF step back(1), LF step beside RF(&), RF step back(2)

3-4            LF step back(3), RF step beside LF(&), LF step back(4)

5-6            RF rock back(5), recover(6)

7-8            RF rock forward(7), recover(8)

**Sec 3 : Hip Bumping R, L, Turn R 1/4 Jazz Box**

1-2            Hip bumping right × 2

3-4            Hip bumping left × 2

5-6            RF cross over LF, Turn 1/4 R LF step back RF,

7-8            RF step side to right, LF step forward RF (3:00)

**Sec 4 : Hip Bumping R, L, Turn R 1/4 Jazz Box**

1-2            Hip bumping right × 2

3-4            Hip bumping left × 2

**\*Restart : After 28Count in 4, 12, 13 Walls**

5-6            RF cross over LF, Turn 1/4 R LF step back RF,

7-8            RF step side to right, LF step forward RF (6:00)

**Tag : After 10Wall(9:00) 8Counts**

**Repeat the last 4section 8count**

**Tag : Hip Bumping R, L, Turn R 1/4 Jazz Box**

1-2            Hip bumping right × 2

3-4            Hip bumping left × 2

5-6            RF cross over LF, Turn 1/4 R LF step back RF,

7-8            RF step side to right, LF step forward RF

**Enjoy Dance**

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