

Someone

拍數: 32 牆數: 2 級數: Improver
編舞者: Gail Craddock (USA) - June 2019
音樂: Someone I Used to Know - Zac Brown Band



#16 count intro - 2 Re-starts and 1x 4-count Tag

TOE, HIP-ROLL, TRIPLE FORWARD, 1/4 TURN, 1/4 TURN, TRIPLE FORWARD

1-2 Touch R toe slightly forward, roll hip from R to L keeping weight on L
3&4 Step R forward, step L next to R, step R forward
5-6 Turn ¼ to right and step L, turn ¼ to right and step R (6:00)
7&8 Step L forward, step R next to L, step L forward

TOE, HIP-ROLL, HIP-ROLL 1/4 TURN, TRIPLE FORWARD, ROCK FORWARD, RECOVER, STEP BACK

1-2 Touch R toe slightly forward, roll hip from R to L keeping weight on L
3-4 Repeat 1-2 but at the end of the roll, turn your body ¼ to the right (weight remains on L)
 (9:00)
5&6 Step R forward, step L next to R, step R forward
7&8 Rock forward on L(7), recover weight on R(&), step back on L(8)

BACK, HEEL, BACK, HEEL, BACK, HEEL, BACK, HEEL, R SAILOR, 1/4 TURN L SAILOR

1&2& Step back on R(1), twist L heel to right(&), step back on L(2), twist R heel to left(&)
3&4& Repeat 1&2&
5&6 Step R behind L, step L to side, step R to side
7&8 With weight still on R turn ¼ to left and step L behind R, step R to side, step L to side (6:00)

STEP, HOLD, BALL, WALK, WALK, ROCK, RECOVER, CROSS, ROCK, RECOVER, CROSS

1-2& Step R forward(1), hold(2), step L briefly (on ball of foot) next to R(&)
3-4 Walk forward on R, walk forward on L
*(Both re-starts happen here)
5&6 Rock R to side(5), recover weight on L(&), cross R over L and step(6)
7&8 Rock L to side(7), recover weight on R(&), cross L over R and step(8)

START OVER!!

*RE-STARTS 1&2: At the end of walls 2 and 6, drop the last 4 counts of dance and start over

TAG: At the end of wall 9, repeat the last 4 counts of the dance:

R rock, L recover, R cross, L rock, R recover, L cross

Contact: longtimedancer@aol.com