Change of Mind

拍數: 32

級數: Improver

編舞者: Joann Brunton & Trena Cook - June 2019

音樂: She Couldn't Change Me - Montgomery Gentry

(Note: Thanks to Paula B. for taking time out of her busy schedule to put the dance in correct form & type it up !)

Lock Step, Locking Triple, Left Together, Shuffle Forward

- 1-2 Step Forward on Right, Slide Left up behind Right
- 3&4 Step forward on Right, slide Left up behind Right, Step forward on Right
- 5-6 Step Left to side, together with Right
- 7&8 Shuffle Forward Left, Right, Left

Rock Recover, 1/2 turn shuffle Right, Rock Recover, 1/4 Turn shuffle Left

- 1-2 Rock Forward on Right, Recover on Left
- 3&4 Shuffle Right, Left, Right making 1/2 Turn Right
- 5-6 Rock Forward on Left, Recover on Right
- 7&8 Shuffle Left, Right, Left making 1/4 Turn Left

Touch Forward, Side, Right Sailor, Touch Forward, Side, Left Sailor

- 1-2 Touch Right toe Forward, Touch Right to Right Side
- 3&4 Step Right behind Left, step left to Left, step Right o Right
- 5-6 Touch Left toe Forward, Touch Left to Left Side
- 7&8 Step Left behind Right, step Right to Right side, Step Left to Left

Step to Right Side, Together with Left, Shuffle Forward RLR, Rock Recover, 3/4 Shuffle to Left

- 1-2 Step Right to Right, Step together with Left
- 3&4 Shuffle Forward Right, Left, Right
- 5-6 Rock Forward on Left, Recover on Right
- 7&8 Shuffle Left, Right, Left making 3/4 Turn Left

No Tags Or Restarts ! Yippee !

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牆數: 2