

Tiger

拍數: 32 牆數: 4 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA) - June 2019
音樂: Tiger - Shakin' Stevens & The Sunsets



Right Diagonal Step-Slides, Twist with CCW Turn, Hold, Forward Step, Hold

- 1 - 2 Step forward and diagonally to the right on RIGHT foot; Slide LEFT foot up next to Right and step
- 3 - 4 Step forward and diagonally to the right on RIGHT foot; Slide LEFT foot up next to Right and step
- 5 - 6 With weight on heel of LEFT foot and ball of RIGHT foot, Twist to the left making a 1/4 turn CCW; Hold
- 7 - 8 Step forward on RIGHT foot; Hold

Pivot, Toe/Heel Struts, Forward Walk, Scuff

- & Pivot 1/4 turn CCW on ball of RIGHT foot
- 9 - 10 Step forward onto toes of LEFT foot; Step down onto LEFT heel in place
- 11 - 12 Step forward onto toes of RIGHT foot; Step down onto RIGHT foot in place
- 13 - 14 Step forward on LEFT foot; Step forward on RIGHT foot
- 15 - 16 Step forward on LEFT foot; Scuff RIGHT foot next to Left

Side Shuffle, CCW Turning Rock Step, Forward Shuffle, CCW Military Turn

- 17 - 18 Side shuffle to the right (RIGHT, LEFT, RIGHT)
- 19 - 20 Pivot 1/4 turn CCW on ball of Right foot and step back onto LEFT foot; Step forward onto RIGHT foot in place
- 21 - 22 Shuffle forward (LEFT, RIGHT, LEFT)
- 23 - 24 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and step forward onto LEFT foot

Side Step Out, Hold, Side Step Out, Hold, Knee Twist, Hold

- 25 - 26 Step out to the right on RIGHT foot; Hold
- 27 - 28 Step out to the left on LEFT foot about shoulder width apart; Hold
- 29 - 30 Bend (Twist) RIGHT knee inward; Bring Right knee back to center and bend (Twist) LEFT knee inward
- 31 - 32 Bring Left knee back to center and bend (Twist) RIGHT knee inward; Keep weight on LEFT foot and Hold

-Begin Again-

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