

Learn to Lose

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Andrico Yusran (INA) - June 2019
音樂: Learn to Lose (feat. Alex Clare) - Bakermat



No Tag No Restart

Start on Lyrics after 16 counts

S1# FORWARD LOCK SHUFFLE - CHASSE 1/4 TO R - BACK ROCK 1/4 TO R - CHASSE 1/4 TO L

1&2 Step R forward , L cross behind R , R forward
3&4 Step L 1/4 turn to R , R close beside L , L to side
5-6 Step R back 1/4 turn to R , L recover
7&8 Step R 1/4 turn to L , L close beside R , R to side

S2# BACK ROCK 1/4 TO L - KICK BALL SIDE - CLOSE - SIDE - CLOSE - SIDE - BACK ROCK

1-2 Step L back 1/4 turn to L , R recover
3&4 Step L kick forward , L tap beside R , R to side touch point
&5&6 Step R close beside L , L to side touch point , L close beside R , R to side touch point
7-8 Step R back , L recover

S3# HEEL FORWARD - CROSS TOUCH - HEEL FORWARD - SIDE TOUCH - COASTER - SAMBA FORWARD

1-2 Step R heel forward , R cross touch over L
3-4 Step R heel forward , R to side touch point
5&6 Step R back , L close beside R , R forward
7&8 Step L cross over R , R to side , L tap in place

S4# CROSS ROCK - SIDE - CROSS ROCK - SIDE - WALK FORWARD - LOCK FORWARD

1&2 Step R cross over L , L recover , R to side
3&4 Step L cross over R , R recover , L to side
5-6 Step R forward , L forward
7&8 Step R forward , L cross behind R , R forward

S5# FORWARD - TOUCH - SIDE DRAG - CLOSE - BACK - TOUCH - SIDE 1/4 TO L

1-2 Step L forward , R close touch beside L
3-4 Step R to side slightly , L close beside R
5-6 Step R back , L close touch beside R
7-8 Step L forward 1/4 turn to L , R touch beside L (face 9.00)

S6# SIDE ROCK - SAILOR (R - L) - CROSS - SIDE

1-2 Step R to side , L recover
3&4 Step R cross behind L , L to side , R to side
5&6 Step L cross behind R , R to side , L to side
7-8 Step R cross behind L , L to side

S7# UNWIND - BOUNCE - CROSS - TOUCH - CROSS TOUCH

1-2 Step R cross over L with both Toe , 1/2 turn to L drop both heel
3-4 Step make both heel tap (2x)
5-6 Step R cross over L , L to side touch point
7-8 Step L cross over R , R to side touch point

S8# CROSS - SIDE - CHASSE 1/2 TO R - CROSS ROCK - CHASSE 1/4 TO L

1-2 Step R cross over L , L to side
3&4 Step R 1/2 turn to R , L close beside R , R to side
5-6 Step L cross over R , R recover
7&8 Step L to side , R close beside L , L forward 1/4 turn to L (face 6.00)

Enjoy The Dance

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