

On Your Bicycle (Bicicleta)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - June 2019
音樂: La Bicicleta - Farandula Boys



SWAY RL, COASTER CROSS X 2 (RL), WALK FWD RL

1-2 Step RF to R, Step LF to L
3&4 Step Back on RF, Step LF beside R, Cross RF over L
5&6 Step Back on LF, Step RF beside L, Cross LF over R
7-8 Walk forward, RL

MAMBO FORWARD, MAMBO BACK, STEP-PIVOT 1/4 LEFT TWICE

1&2 Rock forward on RF, Recover LF, Step RF beside L
3&4 Rock back on LF, Recover RF, Step LF beside R
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

1-2 Step RF to right side, Step LF behind R
3&4 Rock RF to right side, Recover LF, Cross RF over left
5-6 Step LF to left side, Step RF behind L
7&8 Rock LF to left side, Recover RF, Cross LF over right, (Optional RF Flick)

ALTERNATE CROSS MAMBOS FORWARD, JAZZ BOX PIVOT 1/4 R

1&2 RF Cross over L, LF Recover weight, Step RF slightly forward
3&4 LF Cross over R, RF Recover weight, Step LF slightly forward
5-6 Step RF over L, Step LF back Pivot 1/4 R
7-8 Step RF beside L, Step LF forward

REPEAT

No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
