

Hey Valerie

拍數: 32 牆數: 2 級數: Novice
編舞者: Belén Márquez (ES), Maria Rovira (ES) & Tony García (ES) - June 2019
音樂: Hey - Falls



Count-in: 32 counts (cuando comienza la musica)

Note: Restart: Wall 2 - after count 15

[1-8] SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK (X2)

1&2 Step right forward, step left together, step right forward
3-4 Rock left forward, recover
5&6 Step left back, step right together, step left back
7&8 Step right back, step left together, step right back

[9-16] COASTER STEP, GALLOP ½ TURN RIGHT, STEP TURN, TURN ¼ RIGHT

1&2 Step left back, step right together, step left forward
3&4&5 Step right forward (we begin turn to the right side), step left together, step right forward, step left together, step right forward (we finished ½ turn right) (6.00)
6-7 Step left forward, turn ½ right (12.00)

*Restart – wall 2

8 Turn ¼ right and long step tu the left side (3.00)

[17-24] TOUCH, KICK BALL CROSS, ROCK RECOVER, BEHIND SIDE CROSS, STEP SIDE

1 Touch right together
2&3 Kick diagonally right forward, step right together, cross left over right
4-5 Rock right side, recover
6&7 Cross right behind left, step left side, cross right over left
8 Paso left side

[25-32] SAILOR STEP, SAILOR ¼ TURN LEFT, STEP TURN, FULL TURN

1&2 Cross right behind left, step left side, step right side
3&4 Cross left behind right turning ¼ left (12.00), step right side, step left forward
5-6 Step right forward, Turn ½ left (6.00)
7-8 Turn ½ left and step right back, Turn ½ left and step left forward

*Restart: In section 2 – after counts 6-7 (step turn) we will make a step left forward and start again

REPEAT AND ENJOY!!!