

# Numb

拍數: 32      牆數: 2      級數: Intermediate  
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音樂: Numb - Dotan



## Intro: 48 Counts

### Sec 1: Rock fwd, Recover, Together X2, Touch, Side Rock & Side Rock, Together, Hith, Step Back

1&2      RF. Rock fwd - LF. Recover - RF. Step beside LF  
&3&4      LF. Rock voor - RF. Recover - LF. Step beside RF - RF. Touch toe Beside LF  
5&6      RF. Rock side - LF. Recover - RF. Step beside LF  
&7&8      LF. Rock side - RF. Recover - LF. Step beside RF - RF. Hitch R-knee (and bring elbow to your knee)

### Sec 2: Coaster Step, Step fwd, Swivels with a 1/4 Turn R, Cross Rock, Recover, Side, Behind, Side, Cross, Low Kick

1&2&      RF. Step back - LF. Step beside RF - RF. Step fwd - LF. Step fwd  
3&4      RF+LF. Swivel both heels to L - RF+LF. Swivel both heels to R - RF+LF. Swivel both heels 1/4 turn R (3:00)  
5&6      RF. Cross rock behind LF - LF. Recover - RF. Step to R side  
&7&8      LF. Cross behind RF - RF. Step to R side - LF. Cross over RF - RF. 1/8 Turn R low kick fwd get up a little on the LF (4:30)

### Sec 3: Step Back, Together, Step Back, & Step-Lock-Step bwd, & 1/2 Turn R, Step fwd, Together, Step fwd, Step-Lock-Step fwd, Step fwd

1&2      RF. Step back - LF. Step beside RF - RF. Step back (4:30)  
&3&4      LF. Step back - RF. Lock across LF - LF. Step back - RF. 1/2 Turn R step fwd (10:30)  
5&6      LF. Step fwd - RF. Step beside LF - LF. Step fwd  
&7&8      RF. Step fwd - LF. Lock behind RF - RF. Step fwd - LF. Step fwd (10:30)

### Sec 4: Rock fwd, Recover, 1/8 Turn R Step Side, Cross Rock, Recover, Step Side, Step fwd, Pivot 1/2 Turn R, Step fwd, Kick-Ball-Step

1&2      RF. Rock fwd - LF. Recover - RF. 1/8 Turn R step to R side (12:00)  
&3&4      LF. Cross rock over RF - RF. Recover - LF. Step to L side - RF. Step fwd  
5&6      LF. Step fwd - Pivot 1/2 turn R - LF. Step fwd (6:00)  
7&8      RF. Kick fwd - RF. Step beside LF - LF. Step fwd

## Start Again

### Tag and Restart: After the 2nd and the 4th wall (12:00)

#### Walk 1/2 Circle Right, R,L,R,L Walk Walk 1/2 Circle Left, R,L,R,L

1-2-3-4      walk 1/2 circle clockwise stepping R,L,R,L (6:00)  
5-6-7-8      walk 1/2 circle to the left stepping R,L,R,L (12:00)  
count 1-8, you make an 8 form

### Rock fwd, Recover, 1/2 Turn R, Step fwd, Step fwd, Pivot 1/2 Turn L, Walk R,L fwd

1-2-3-4      RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd - LF. Step fwd (6:00)  
5-6-7-8      RF. Step fwd - Pivot 1/2 turn L - RF. Step fwd - LF. Step fwd (12:00)

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