

# Need A Little Help

拍數: 64      牆數: 4      級數: Phrased Low Intermediate  
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音樂: Little Help (feat. Mimi & Josy) - The BossHoss



Begin after 16 counts

Sequence AA - BB - Tag - AA - BBBB(restart) - AA - BBBB

Intro 16 counts

## Part A (32 counts)

### Toe strut, Toe strut, Rock fw, 1/2 Turn right, Step

1-2            Toe strut forward with right  
3-4            Toe strut forward with left  
5-6            Rock forward right  
7-8            1/2 Turn right and Step forward right - hold

### Toe strut, Toe strut, cross-rock-side-rock

1-2            Toe strut forward left  
3-4            Toe strut forward right  
5-6            Left cross - recover on right  
7-8            Left side - recover on right

### Cross, side, kick, side, left and right

1-2            Left cross over right - right step side  
3-4            Left kick diagonal to left - left step side to the left  
5-6            Right cross over left - left step side  
7-8            Right kick diagonal to right - right step side to the right

### Cross, 3/4 Turn right with Heelbounce, Scuff, Step Heel twist

1              Left cross over right  
2-3-4        3/4 turn right on both toes with heel bounces  
5-6            Left Scuff - left small step forward  
7-8            Both Heels to left - back

## Part B (32 counts)

### Vine right, side touch left and right

1-2            Step right to side - cross left behind right  
3-4            Step right to side - touch left to right  
5-6            Step left to side - touch right  
7-8            Step right to side - touch left

### Vine with 1/4 Turn and brush, Jazzbox

1-2            Step left to side - cross right behind left  
3-4            1/4 turn left and step left forward - brush forward with right  
5-6            Right cross over left - left step back  
7-8            Right step side - left step forward

### 1/4 Monterey Turn 2x

1-2            Tap right to side - step right to left with 1/4 turn to right  
3-4            Tap left to side - step left together  
5-8            Repeat 1-4

**Step, Touch behind, Step back, Touch across, Step, Scuff 1/4 right , Side, Touch**

- 1-2 Step right forward - touch left behind right
- 3-4 Step left back - touch right across left
- 5-6 Step right forward - scuff left with 1/4 turn to right
- 7-8 Step left side - touch right to left

**Tag (8 counts)**

**Step touch forward with clap 2x, Step touch back with clap 2x**

- 1-2 Step right diagonally right forward - touch left to right with clap
- 3-4 Step left diagonally left forward - touch right to left with clap
- 5-6 Step right diagonally right back - touch left to right with clap
- 7-8 Step left diagonally left back - touch right to left with back

**Restart in wall 10 after 24 counts (9h)**

**End 12h : Step, Scuff without turn, Side, Stomp**

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