

Bam Bam

拍數: 32 牆數: 0 級數:
編舞者: Valentine Duret (FR) - November 2018
音樂: Bam Bam (feat. Dalvin) - Gavin Moss & Yall



Start with Right foot after 16 counts

Section 1: Side Press - together - Side together Side - Cross - Back with ¼ turn -Side together Side

1 - 2 Press R to R - Recover Step R next to L
3 & 4 Step L to L - Step R next to L - Step L to L
5 - 6 Cross R over L - Step Bck on L with ¼ turn R
7 & 8 Step R to R - Step L next to R - Step R to R

Section 2: Rock Fd - Step Lock Step Fd - Pivot ¼ turn L x2

1 - 2 Rock Fd on L with pushing L hip Fd - Recover on R with push hip Bck
3 & 4 Step Fd on L - Lock R behind L - Step Fd on L
5 - 6 Step Fd on R - Pivot ¼ turn L
7 - 8 Step Fd on R - Pivot ¼ turn L

Section 3: Step Bck on Diag. - Touch x2 - Hith with Hip bump - Step Fd x 2

1 - 2 Step Bck R on R diagonal - Touch L next to R
3 - 4 Step Bck L on L diagonal - Touch Right next to L
5 - 6 Hitch R with R Hip bump - Step Fd on R
7 - 8 Hitch L with L Hip bump - Step Fd on L

Section 4: Syncopated Rocking chair - Step Lock Step - Kick Ball cross - Side - Touch

1 & 2 & Rock Fr on R - Recover on L - Rock Bck on R - recover on L
3 & 4 Step Fd on R - Lock L behind R - Step Fd on R
5 & 6 Kick L Fd - Step L next to R - Cross Right over L
7 - 8 Large Side step L to L - Touch R next to L

Tag: End of wall 3 and 7 - Out - Out - In - In - Stomp Out - Stomp In In

1 & R Out - L Out Fd (both on heels)
2 & R In - L In
3 & 4 Stomp R to R side - Stomp twice R In by bring it back next to L

Start again from the beginning