

3 Nights

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Myra Harrold (SCO) - June 2019
音樂: 3 Nights - Dominic Fike : (Album:Don't Forget About Me,Demos-EP)



Intro:16 Counts On Vocals

SECT:1 - SIDE TOE STRUTS,ROCK & CROSS,ROCK & WEAVE 1/4 TURN

1&2&3&4 R TOE TO R,DROP HEEL,L TOE CROSS OVER RF,DROP HEEL,ROCK RF TO R,RECOVER ON LF,CROSS RF OVER LF (12)
5&6&7&8& ROCK LF TO L,RECOVER ON RF,CROSS LF OVER RF,RF TO R,LF BEHIND RF,TURN 1/4 R,RF FWD,LF FWD,BRUSH RF FWD (3)

SECT:2 - FWD,TOUCH, BACK,HITCH,SIDE, CLOSE,SIDE,HITCH,SIDE,CLOSE, 1/4, HITCH, 1/4, BACK, HITCH, BACK

1&2&3&4& RF FWD,TOUCH L TOE TO RF,LF BACK,HITCH RF,STEP RF TO R,CLOSE LF TO RF,RF TO R,HITCH LF (3)
5&6&7&8 LF TO L,CLOSE RF TO LF,TURN 1/4 L,LF FWD,HITCH RF,PIVOT 1/4 L,RF BACK,HITCH LF,LF BACK (9)

RESTART HERE ON WALL 3 AND WALL 6

SECT:3 - COASTER STEP,SHUFFLE FWD,SIDE,TOUCH,SIDE,TOUCH,1/4,SHUFFLE FWD

1&2,3&4 RF BACK,CLOSE LF TO RF,RF FWD,LF FWD,LOCK RF BEHIND LF,LF FWD (9)
5&6&7&8 RF TO R,TOUCH L TOE TO RF,LF TO L,TOUCH R TOE TO LF,1/4 PIVOT R,RF FWD,LOCK LF BEHIND RF,RF FWD (12)

SECT:4 - RUMBA BOX,ROCK,SIDE,BEHIND,ROCK,SIDE,TOUCH IN,OUT,1/4 MONTERAY

1&2,3&4 LF TO L,CLOSE RF TO LF,LF FWD,RF TO R,CLOSE LF TO RF,RF BACK (12)
5&6&7&8& ROCK LF TO L,RECOVER ON RF,STEP LF BEHIND RF,ROCK RF TO R,RECOVER ON LF,TOUCH R TOE TO LF,POINT R TOE TO R,TURN 1/4 R ON LF,TOUCH R TOE TO LF (3)

RESTART ON WALL 3 AFTER SECT:2 FACING 3 O CLOCK

RESTART ON WALL 6 AFTER SECT:2 FACING 6 O CLOCK

AT END OF DANCE PIVOT 1/2 L TO FINISH AT FRONT