

# La Bamba

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Kuk Kumson (KOR) & Eun Hee Yoon (KOR) - June 2019  
音樂: La Bamba (라밤바) - Jung Mi Ae (정미애)



Intro : 32 counts

## Sec.1 ) Cross, Cross, Back Out, Out, In, In, Hip Bumps with Hand Motion

1-2            R cross over L (1), L cross over R (2)  
&3&4        Back R out (&), L out (3), R in to center (&), L in to center (4)  
5-8            Hip bumps ( R to R side & R hip down x 4 ) with hand motion ( weight on R )

## Sec.2 ) Cross Point, Side Point, Coaster Step, Heel, Ball, Cross, 1/4L Back, Side

1-2            L cross point over R (1), L to L side point (2)  
3&4            L back (3), R together (&), L forward (4)  
5&6            Touch R heel to R side (5), R ball (&), L cross over R (6)  
7-8            1/4L R back (7), L to L side (8) (9:00)

## Sec.3 ) Syncopated Weave Step, Side Rock, Recover, Unwind 1/2L

1-2            R cross over L (1), L to L side (2)  
3&4            R behind L (3), L to L side (&), R cross over L (4)  
5-6            L to L side rock (5), R recover (6)  
7-8            L cross back R (7), 1/2L ( with weight on L ) (8) (3:00)

## Sec.4 ) Forward Coaster Step, Cross Touch, Rolling Vine, Side Point

1-4            R forward (1), L together (2), R back (3), Touch L cross over next to R (4)  
5-8            1/4L L forward (5), 1/2L R back (6), 1/4L L to L side (7), R to R side point (8) (3:00)

## \*\*Tag 1 ) After wall 3 ( 4 counts - 9:00 )

1-4            ( R hip bump ×2, L hip bump ×2 ) with hand motion ( weight on L )

## \*\*Tag 2 ) After wall 8 ( 8 counts - 12:00)

1-2            R cross over L (1), L cross over R (2)  
&3&4        Back R out (&), L out (3), R in to center (&), L in to center (4)  
5-8            ( R hip bump ×2, L hip bump ×2 ) with hand motion ( weight on L )

## Ending : On wall 10, section 4 when dance rolling vine, start at 6:00 and end 12:00

5-8            1/4L L forward (5), 1/2L R back (6), 1/2L L forward (7), 1/4L R side point (8)