

You Feel Like Paradise

COPPERKNOB
BY STEPHANETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - June 2019
音樂: Paradise (feat. Benjamin Ingrosso) - Ofenbach



Intro: 16 Counts

Sec 1: Cross, Side, Behind, Side, Heel with a 1/8 Turn R, & Walk L,R fwd, 1/2 Turn R, Coaster Step

1-2 RF. Cross over LF - LF. Step to L side
3&4 RF. Cross behind LF - LF. Step to L side - RF. 1/8 Turn R dig heel fwd (1:30)
&5-6-7 RF. Step together - LF. Step fwd - RF. Step fwd - LF. 1/2 Turn R step back (7:30)
8&1 RF. Step back - LF. Step beside RF - RF. Step fwd

Sec 2: Hold, & Step fwd, & Step fwd, Rock fwd, Recover, 1/8 Turn L step Side, Sailor 1/4 Turn R

2 Hold (7:30)
&3&4 LF. Step beside RF - RF. Step fwd - LF. Step beside RF - RF. Step fwd
5-6-7 LF. Rock fwd - RF. Recover - LF. 1/8 Turn L step to L side (6:00)
8&1 RF. 1/4 Turn R cross behind LF - LF. Step together - RF. Step fwd (9:00)

****Restart here on count 8&**

Sec 3: Rock fwd, Recover, Shuffle 1/2 Turn L, Step fwd, 1/4 Turn L, Cross & Heel

2-3 LF. Rock fwd - RF. Recover
4&5 Shuffle 1/2 turn L stepping L,R,L (3:00)
6-7 RF. Step fwd - 1/4 Turn L (12:00)
8&1 RF. Cross over LF - LF. Step slightly back - RF. Dig heel diagonal R fwd

Sec 4: Hold, & Heel, & Step fwd, 1/4 Turn L, Cross, Side, Behind, Side

2 Hold
&3& RF. Step together - LF. Dig heel diagonal L fwd - LF. Step together
4-5 RF. Step fwd - 1/4 Turn L (9:00)
6-7-8& RF. Cross over LF - LF. Step to L side - RF. Cross behind LF - LF. Step to L side

Start Again

Restarts: In the 5th wall and the 9th wall after count 16 (9:00)

Ending: dance the 10th wall until count 31 (6:00) then do

Sailor 1/2 Turn R

8&1 RF. Cross behind LF with 1/2 turn R - LF. Step beside RF - RF. Stomp fwd (spread hands to both sides) (12:00)

Contact: marja42@kpnmail.nl / co4ol72@kpnmail.nl