

Goyang Parmanthe

拍數: 106 牆數: 0 級數: Phrased Intermediate
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音樂: Goyang Parmanthe – Folksong Kupang Timor



Intro : 16 Count

Sequence : A – B – C – A – B – C – tag1 – B – tag2 – C – A – B – C – restart – B – C – C

Tag : 2 & 4 Counts

Restart : after 28 count

A.

I. WALK FORWARD , CHASSE, BACKWARD, CHASSE

- 1 - 2 Walk forward on R-L
- 3 & 4 Chasse on R-L-R to R
- 5 - 6 Walk back on L-R
- 7 & 8 Chasse on L-R-L to L

II. TOUCH CROSS, TOUCH SIDE, BOTAFOGO

- 1 – 2 Cross touch R toe over LF, touch R toe to R
- 3 & 4 Cross RF over LF, step LF to L, recover onto RF
- 5 – 6 Cross touch L toe over RF, touch L toe to L
- 7 & 8 Cross LF over RF, step RF to R, recover onto LF

III – IV : Repeat I & II

V. JAZZ BOX, PIVOT TURN ½ + ½

- 1 - 2 Cross RF over LF, stepback on LF
- 3 - 4 Step RF to R, step LF forward

B.

I. TOUCH FORWARD, TOUCH SIDE, BEHIND SIDE CROSS

- 1 - 2 Touch R toe forward, touch R toe to R
- 3 & 4 Cross RF behind LF, step LF to L, cross RF over LF
- 5 – 6 Touch L toe forward, touch L toe to L
- 7 & 8 Cross LF behind RF, step RF to R, cross LF over RF

II. SAMBA WHISK, ½ VOLTA TURN RIGHT

- 1 & 2 Step RF to F, cross rock LF behind RF, recover onto RF
- 3 & 4 Step LF to L, cross rock RF behind LF, recover onto LF
- 5 & 1/8 turn R crossing RF over LF, step ball of LF slightly behind RF
- 6&-8& Repeat 5&

III. TOUCH FORWARD, TOUCH SIDE, BEHIND SIDE CROSS

- 1 – 2 Touch L toe forward, touch L toe to L
- 3 & 4 Cross LF behind RF, step RF to R, cross LF over RF
- 5 - 6 Touch R toe forward, touch R toe to R
- 7 & 8 Cross RF behind LF, step LF to L, cross RF over LF

IV. SAMBA WHISK, ½ VOLTA TURN LEFT

- 1 & 2 Step LF to L, cross rock RF behind LF, recover onto LF
- 3 & 4 Step RF to R, cross rock LF behind RF, recover onto RF
- 5& 1/8 turn L crossing LF over RF, step ball of RF slightly behind LF
- 6&-8& Repeat 5&

V. WALK FORWARD

1 – 2 Walk forward on R-L

C.

I. KICK HOOK, CHA CHA FORWARD

1 - 2 Kick forward on RF, bending knee and cross RF over LF

3 & 4 Step RF forward, step LF beside RF, step RF forward

5 - 6 Kick forward on LF, bending knee and cross LF over R

7 & 8 Step LF forward, step RF beside LF, step LF forward

II. PIVOT TURN $\frac{1}{4}$ + $\frac{1}{4}$, JAZZ BOX

1 - 2 Step RF forward, turn $\frac{1}{4}$ L bring weight on LF

3 - 4 Step RF forward, turn $\frac{1}{4}$ L bring weight on LF

5 - 8 Cross RF over LF, step LF backward, step RF to R, step LF forward

III & IV : Repeat I & II

TAG 1 (2 counts) :

1 -2 Step forward on RF, step LF next to RF

TAG 2 (4 counts)

1 – 4 Step forward on RF, step LF next to RF, step back on RF, close LF to RF

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