La Libertad



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Alexandra Hungerbühler (CH) - May 2019

音樂: La Libertad - Álvaro Soler



[1-8] Side, Together, Chasse right, Cross Rock, Chasse 1/4 Turn left

1,2	RF sten to	the right	add LF to RF
1.4	IN SICO IO	uic iidii.	

3 & 4 Step right to right, move left to right, step right to right

5.6 LF in front of RF, weight back on RF

7.8 LF step to the left, close RF next to LF, ¼ turn left, step LF step forward (F: 9 o'clock)

[9-16] Step-Lock Step (R & L), Step Turn 1/4 with Hips (2x)

1 & 2	Step right forward, Step right behind RF, Step forward
3 & 4	LF step forward, RF behind LF, LF step forward
5, 6	RF step forward, ¼ turn left with hip swing (F: 6 o'clock)
7, 8	RF Step forward, ¼ turn left with a hip swing (F: 3 o'clock)

[17-24] Cross, Samba Step, Cross, Samba Step, Jazz Box 1/4 Turn right with Cross

1 & 2	RF in front of LF, LF to left, weight back to RF (with Samba-Movement),
3 & 4	LF before RF cross, RF to right, weight back to LF (with Samba movement),
5.6	Cross right before left, step left to left

1/4 turn right, step right to right, cross left before right (F: 6 o'clock) 7, 8

[25-32] Sway (R-L-R-L), Mambo fwrd, Mambo back

swing to the right-left-right-left while rolling off the feet

5 & 6 RF step forward, weight back to LF 7,8 LF step back, weight back on RF

Start again...

Restart: In the 4th wall after 16 counts start over (F: 9 o'clock)

Tag / Restart: In the 9th wall after 28 counts. Wait until after "Ai-Ai-Ai-Ai !!" (F: 3 o'clock)

Enjoy and don't forget to Smile!

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