

When You Need A Little Help

COPPERKNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Little Help (feat. Mimi & Josy) - The BossHoss : (iTunes)



Intro: 16 Counts

[1-8] K-Step

- 1 right foot step diagonal forward
- 2 left foot touch next to right
- 3 left foot step diagonal back
- 4 right foot touch next to left
- 5 right foot step diagonal back
- 6 left foot touch next to right
- 7 left foot step diagonal forward
- 8 right foot touch next to left

[9-16] 1/8 Turn, 1/8 Turn, Jazzbox

- 1 right foot step forward
- 2 1/8 turn left, weight is left after the turn
- 3 right foot step forward
- 4 1/8 turn left, weight is left after the turn (9h)
- 5 right foot cross over left
- 6 left foot step back
- 7 right foot step to the side
- 8 left foot step in front of right

[17-24] Shuffle diagonal, Brush, Shuffle diagonal, Brush

- 1 right foot step diagonal forward
- 2 left foot step next to right
- 3 right foot step diagonal forward
- 4 swing left foot forward (grind bales on the ground)
- 5 left foot step diagonal forward
- 6 right foot step next to left
- 7 left foot step diagonal forward
- 8 swing right foot forward (grind bales on the ground)

[25-32] Out, Out, In, In, (V-Step), Step back 4x

- 1 right foot step diagonal forward
- 2 left foot step diagonal forward
- 3 right foot step diagonal back
- 4 left foot step diagonal back
- 5 right foot step back
- 6 left foot step back
- 7 right foot step back
- 8 left foot step back

Restart in Wall 5 after 8 Counts (12h) and in Wall 11 after 24 Counts (6h)