

Mississippi Cha Cha Slide

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: DJ Slide - May 2019
音樂: Mississippi Cha Cha Slide (feat. Red Rum) - Mixx Master Lee : (iTunes and Amazon)



[1-8] SHIFT WEIGHT TO RIGHT AND SHAKE, SHIFT WEIGHT TO LEFT AND SHAKE

1-4 Step R out and Shake Hips Three Times

5-8 Step L out and Shake Hips Three Times

[9-16] CHA-CHA FWD, CHA-CHA BACK

1&2, 3-4 Step R Fwd, Step L beside R, Step R Fwd, Step L Fwd, Rock Back onto R

5&6, 7-8 Step L Back, Step R beside L, Step L Back, Step R Back, Rock Fwd onto L

[17-24] TURN TO RIGHT, SLIDE TO RIGHT, SLIDE TO LEFT

1-4 Turn 1/4 to Right stepping R to side, Step L beside R, Step R to side, Slide L beside R

5-8 Step L to side, Step R beside L, Step L to side, Slide R beside L

[25-32] WALK BACK, HOP FWD TWICE

1-4 Step Back R, Step Back L, Step Back R, Touch L beside R

&5-8 Hop Fwd, Shaking Hips L, R, L (weight on L)

VARIATIONS

[1-8] POINT FWD, POINT SIDE, CHA-CHA IN PLACE (2X)

1-2, 3&4 Point R fwd, Point R to side, Step R beside L, Step L beside R, Step R beside L

5-6, 7&8 Point L fwd, Point L to side, Step L beside R, Step R beside L, Step L beside R

[17-24] WALK BACK, HOP FWD TWICE

1-4 Step Back R, Step Back L, Step Back R, Step Back L

5-8 Hop Fwd, Hold, Hop Fwd, Hold (weight on L)

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