Min jing yu qu

拍數: 64

級數: Intermediate

編舞者: Irene Deng (TW) - May 2019

音樂: Min Jiang Ye Qu (岷江夜曲) - Han Bao Yi (韓寶儀)

Intro:16 counts

Sequence : 64 64 64 / intro 24 / 64 64 32

Intro dance : 24 count

I Sec 1 : (CROSS, RECOVER, CHASSES) R L

- 1 2 Cross RF over LF, recover on LF
- 3&4 Step RF to R side, step LF next to RF, step RF to R
- 5 6 Cross LF over RF, recover on RF
- 7&8 Step LF to L side, step RF next to LF, step LF to L
- I Sec 2 : Repeat isec 1

I Sec3 : ROCK, RECOVER, BACK SHUFFLE, ROCK, RECOVER, FORWARD SHUFFLE

- 1 2 Rock RF forward, Recover on LF,
- 3&4 Step RF back, Step LF next to RF, Step RF back
- 5 6 Rock LF back, Recover on RF
- 7&8 Step LF forward, Step RF next to LF, Step LF forward

Main Dance : 64 count

Sec 1: CROSS R, RECOVER, CHASSES R, CROSS L, RECOVER , CHASSES L

- 1 2 Cross RF over LF, recover on LF
- 3&4 Step RF to R side, step LF next to RF, step RF to R
- 5 6 Cross LF behind RF , Recover on RF
- 7&8 Step LF to L side, step Rf next to Lf, Step Lf to L side

Sec 2: 1/4 R BACK, FORWARD, FORWARD SHUFFLE, CROSS, 1/4 L BACK , BACK SHUFFLE,

- 1-2 1/4 turn R(3:00), Step RF back, Step LF forward,
- 3&4 Step RF forward, Step LF next to RF, step RF forward
- 5 6 Cross LF over RF, 1/4 turn L(12:00), Step RF back
- 7&8 Step LF back, Step RF next to LF, Step LF back

Sec 3: BEHIND, SIDE, CROSS SHUFFLE, ROCK L, RECOVER, COASTER

- 1 2 RF sweep from front to cross behind LF, Step LF to L side
- 3&4 Cross RF over LF, Step LF next to RF, Cross RF over LF
- 5 6 Rock LF to L side, Recover on RF,
- 7&8 Step back LF, Together RF beside LF, Step Lf forward

Sec 4: LOCK STEP R L

- 1 2 Step RF forward to R diagonal(1:30), Step LF behind RF
- 3&4 Step RF forward to R diagonal, Lock LF behind RF, Step RF forward to R diagonal
- 5 6 1/4 turn L(10:30), Step LF forward to L diagonal, Step RF behind LF
- 7&8 Step LF forward to L diagonal, Lock RF behind LF, Step LF forward to L diagonal

Sec 5: CROSS, RECOVER, CHASSES R, CROSS, RECOVER, 1/4 L SAILOR

- 1 2 Cross RF over LF, Recover on LF,
- 3&4 Step RF to R side, Step LF next to RF, Step RF to R side
- 5 6 Cross LF over RF, Recover on RF
- 7&8 1/4 turn L(9:00), Sweep LF behind RF, Back RF to LF side, Step LF slightly forward





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牆數:4

Sec 6 : 1/2 L PADDLE TURN , CROSS JAZZ BOX

- 1 4 Step RF forward, 1/4 turn L(6:00) Recover on LF, Step RF forward, 1/4 turn L(3:00) Recover on Lf
- 5 8 Cross RF over Lf, Step LF back, Step RF to R side, Step LF forward

Sec 7 : CROSS SAMBA R L, 1/2 PIVOT TURN R, FORWARD SHUFFLE

- 1&2 Cross RF over LF , Rock LF to L side, Recover on RF
- 3&4 Cross LF over RF, Rock RF to R side, Recover on LF
- 5 6 Step RF forward, 1/2 pivot turn R(9:00)
- 7&8 Step RF forward, Step LF next to RF, Step RF forward

Sec 8 : 1/2 R BACK SHUFFLE, 1/2 R FORWARD SHUFFLE, ROCK, RECOVER, CHASSES

- 1&2 1/2 turn R(3:00), Step LF back, Step RF next to LF, Step LF back
- 3&4 1/2 turn R(9:00), Step RF forward, step LF nex to RF, Step RF forward
- 5 6 Rock LF forward, Recover on RF
- 7&8 Step LF to L side, Step RF next to LF, Step LF to L

Enjoy ! Have fun !!

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