

A Little Bit of SOMETHING (Beats a Whole Lot of Nothing)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Val Saari (CAN) - May 2019
音樂: A Little Bit of Something (Beats a Whole Lot of Nothing) - Little Richard



WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH

- 1-2 Walk forward, RF, LF
- 3-4 Walk forward RF, Kick LF forward and clap hands
- 5-6 Step back, LF, RF
- 7-8 Step back LF, Touch RF beside L and clap hands

TOE-STRUT V-STEP WITH FINGER SNAPS

- 1-4 Touch RF toe diagonally forward (1:00), Step heel down & Snap fingers, Touch LF toe diagonally forward (11:00), Step heel down & Snap fingers,
- 5-8 Touch RF toe behind to centre, Step heel down & Snap fingers, Touch LF toe beside R, Step heel down & Snap fingers

WATER SPRINKLER/ HEEL BOUNCES X 8 (RRRR,LLLL)

- 1-4 Bounce on RF heel four times & Bounce R index finger from left to right at shoulder height
- 5-8 Bounce on LF heel four times & Bounce L index finger from right to left at shoulder height

HITCH-HIKER/HEEL BOUNCES X 8 (RRRR,LLLL)

- 1-4 Bounce on RF heel four times & Hitch-hike with R thumb four times to the right side
- 5-8 Bounce on LF heel four times & Hitch-hike with L thumb four times to the left side

TOE-STRUTS FORWARD X 2, RL, HEEL-TWISTS X 2 (RL)

- 1-2 Touch RF toes forward, Drop heel
- 3-4 Touch LF toes forward, Drop heel
- 5-6 Twist heels to right side, Clap hands
- 7-8 Twist heels to left side, Clap hands

TOE-STRUTS BACK X 2, RL, HEEL-TWISTS X 2 (RL)

- 1-2 Touch RF toes back, Drop heel
- 3-4 Touch LF toes back, Drop heel
- 5-6 Twist heels to right side, Clap hands
- 7-8 Twist heels to left side, Clap hands

HEEL SWITCHES X 2 (R,L), POINT OUT-IN X 2 (R,L)

- 1-2 Touch R Heel forward on floor, Step RF beside L
- 3-4 Touch L Heel forward on floor, Step LF beside R
- 5-6 Point RF to R side, Step RF beside L,
- 7-8 Point LF to L side, Step LF beside R

MONTEREY 1/4 TURN R, POINT L, HEEL-TWISTS X 2 (RL)

- 1-2 Point RF toes to right side, 1/4 turn right step RF together
- 3-4 Point LF to L side, Step LF beside R
- 5-6 Twist heels to right side, Clap
- 7-8 Twist heels to left side, Clap

NOTE: Nod your head during the "Water Sprinkler" and optionally during the "Hitch-Hiker"

REPEAT - No Tags, No Restarts

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