

Burn Me Down

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Adriano Castagnoli (IT) - May 2019
音樂: Burn Me Down - Marty Stuart



Step sheet by: Xavi Barrera

There is a 24-count ending at the end of the last wall

HEEL COMBINATION, TOE x 2, ROCK STEP

- 1- Touch right heel forward
- 2- Step right beside the left
- 3- Touch left heel forward
- 4- Step left beside the right
- 5- Touch right toe crossed behind the left
- 6- Touch right toe crossed behind the left
- 7- Jumping, rock right back
- 8- Jumping, recover your weight on to the left

TRIPLE STEP, STOMP SWIVELS

- 9- Step right forward
- 10- (Lock) Step left to the right side of the right
- 11- Step right forward
- 12- Stomp left beside the right
- 13- Move left toe to the left
- 14- Move left heel to the left
- 15- Move left heel to the right
- 16- Move left toe to the right

¼ TURN ROCK STEP, ¼ TURN STEP, SCUFF, ¼ TURN STEP, HOOK, ¼ TURN STEP, SCUFF

- 17- Rock left to the left, turning ¼ turn to the left at the same time
- 18- Recover your weight on to the right
- 19- Step left to the left, turning ¼ turn to the left at the same time
- 20- Scuff right beside the left
- 21- Step right forward, turning ¼ turn to the left at the same time
- 22- Hook left behind the right calf
- 23- Step left to the left, turning ¼ turn to the left at the same time
- 24- Scuff right beside the left

DIAGONAL-TOUCH x 2, ROCK STEP, STOMP x 2

- 25- Step right diagonally right-forward
- 26- Touch left beside the right
- 27- Step left diagonally left-back
- 28- Touch right beside the left
- 29- Jumping, rock right back
- 30- Jumping, recover your weight on to the left
- 31- Stomp right beside the left
- 32- Stomp right beside the left

GAPEVINE, CROSS, STEP, STOMP, STEP, SCUFF

- 33- Step right to the right
- 34- Cross left behind the right

- 35- Step right to the right
- 36- Cross left over the right
- 37- Step right to the right
- 38- Stomp left beside the right
- 39- Step left to the left
- 40- Scuff right beside the left

JAZZBOX, STOMP, SWIVELS

- 41- Cross right over the left
- 42- Step left short-back
- 43- Step right to the right
- 44- Stomp left forward
- 45- Move both heels to the left
- 46- Move both heels to center
- 47- Move both heels to the left
- 48- Move both heels to center

¼ TURN STEP, STOMP, ¼ TURN STEP, SCUFF, ¼ TURN HOOK, ¼ TURN FLICK, ROCK STEP

- 49- Step right forward, turning ¼ turn to the left at the same time
- 50- Stomp left beside the right
- 51- Step left to the left, turning ¼ turn to the left at the same time
- 52- Scuff right beside the left
- 53- Hook right over the left shin, turning ¼ turn to the left at the same time
- 54- Flick right back, turning ¼ turn to the left at the same time
- 55- Jumping, rock right back
- 56- Jumping, recover your weight on to the left

ROCKING CHAIR, KICK, TOE, ½ TURN PIVOT, HOLD

- 57- Rock right forward
- 58- Recover your weight on to the left
- 59- Rock right back
- 60- Recover your weight on to the left
- 61- Kick right forward
- 62- Touch right toe, crossed over the left
- 63- Pivot ½ turn to the left on to the left foot
- 64- Hold

Restart

Ending: add these 24 counts at the end of the last wall

STOMP, HOLD x 3, STOMP, HOLD x 3

- 1- Stomp right to the right
- 2- Hold
- 3- Hold
- 4- Hold
- 5- Stomp left to the left
- 6- Hold
- 7- Hold
- 8- Hold

ROCKING CHAIR, ½ TURN PIVOT x 2

- 9- Rock right forward
- 10- Recover your weight on to the left
- 11- Rock right back
- 12- Recover your weight on to the left

- 13- Touch right forward
- 14- Pivot ½ turn to the left on to the left foot
- 15- Touch right forward
- 16- Pivot ½ turn to the left on to the left foot

HEEL COMBINATION, ½ TURN TOE STRUT, ½ TURN STOM, HOLD

- 17- Touch right heel forward
 - 18- Step right beside the left
 - 19- Touch left heel forward
 - 20- Step left beside the right
 - 21- Touch right toe forward
 - 22- Lower right heel, turning ½ turn to the left at the same time
 - 23- Stomp left back, turning ½ turn to the left at the same time
 - 24- Hold
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