

Psycho

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - March 2019
音樂: Sweet but Psycho - Ava Max



[1-8] L Side Behind, Shuffle 1/4 Turn L, Step 1/2 Turn L, Step 1/4 Turn L"

1,2 L to left, R behind L
3&4 L with 1/4 Turn left Fwd, R next to L, Step Fwd L
5-8 Step Fwd R, 1/2 Turn L, Step R Fwd, 1/4 Turn L (Weight L)

[9-16] R Side Behind, Shuffle 1/4 Turn R, Step 1/2 Turn R, Step 1/4 Turn R"

1,2 R to right, L behind R
3&4 R with 1/4 Turn right Fwd, L next to R, Step Fwd R
5-8 Step Fwd L, 1/2 Turn R, Step L Fwd, 1/4 Turn R (Weight R)

[17-24] Cross Touch, Cross Touch, Jazz Box 1/4 Turn L, Touch"

1-4 L cross step over R, Touch R to right side, R cross step over L, Touch L to left side
5-8 L cross step over R, Step Back R, L step left with 1/4 Turn left, Touch R next to L

[25-32] Heel Struts R&L, Rocking Chair"

1-4 RHeel Fwd, RToe (Step R), LHeel Fwd, LToe (Step L)
5-8 Step R Fwd, Recover L, Step L Back, Recover L

[33-40] Step R, Sweep L, Step L, Sweep R"

1-4 Step R Fwd, Sweep L from Behind - Fwd (3 counts)
5-8 Step L Fwd, Sweep R from Behind - Fwd (3 counts)

[41-48] Jazz Box 1/4 Turn R, Jazz Box 1/4 Turn R"

1-4 R cross over L, Step Back L, Step R to side with 1/4 Turn right, Step L next to R
5-8 R cross over L, Step Back L, Step R to side with 1/4 Turn right, Step L next to R

Restart here during Wall 5: Substitute Count 8 With Touch L next to R

[49-56] Step R, Sweep L, Step L, Sweep R"

1-8 repeat 33-40

[57-64] Jazz Box 1/4 Turn R, Jazz Box 1/4 Turn R, Touch"

1-4 R cross over L, Step Back L, Step R to side with 1/4 Turn right, Step L next to R
5-8 R cross over L, Step Back L, Step R to side with 1/4 Turn right, Touch L next to R

Start again and smile always. www.rheinvalley.li linedance@rheinvalley.li